

The Breeze



The Newsletter of the Goleta Valley Cycling Club

po box 1547 goleta ca 93116

www.goletabike.org

October 2007

☞ Bicycle Spoken Here ☞

GVCC President: Doris Phinney, 968-3143,
cyclebug@aol.com

NEXT GVCC MEETING: Tuesday, October 9, Rusty's Pizza at Fairview, 6pm for food and 630pm meeting. This is the PPR wrap up and evaluation meeting and it is important that you attend with your evaluation and suggestions for next year.

BBQ & RIDE: We are planning an event coordinated with the Santa Barbara Bicycle Coalition. GVCC will lead a ride ending with a BBQ put on by the SBBC. Check the October calendar for more information. We're looking at the end of October and the ride will have a Halloween theme.

THE BREEZE: Be sure to check the online calendar during the month of October for possible additions and changes. The October newsletter is being put to bed early due to staffing obligations. Lori is off to Indiana to ride TRIRI and Laura is busy traveling as part of her work.

GVCC Website www.goletabike.org: Be sure to check the events calendar on the web for the latest and most complete ride information. We are no longer printing ride descriptions in The Breeze, so call the ride leader or click on the calendar date on the website. For all the latest in photos and information, check the website. Don't forget that if you have a good GVCC cycling photo, get it to Robert Rainwater, gbike@impulse.net.

SIGNALS AND WARNING DEVICES

- *Earn drivers' respect for yourself and all cyclists by using hand signals for turns, swerves, and braking. Use your left arm (finger pointed) to signal left turns, your right arm for right turns. Don't signal right turns with the left arm. It originated because drivers can't reach across to the right window.*
- *Horns, bells, and whistles work as warning devices but sometimes they take too long to use and most aren't loud enough to be effective. A scream is instant and requires no hands.*
- *Use your ears as an early warning system. Tip-offs to danger include engines revving or slowing, squealing tires, and gear changes.*

From the editors of Bicycling Magazine, 250 Best Cycling Tips





HAPPY OCTOBER BIRTHDAYS TO...

- Julie Birmingham**
 - Jack Chestnutt**
 - Jared Dawson**
 - Kim Fox**
 - Don Irby**
 - Dan Macken**
-

NEW MEMBERS THIS MONTH



- Paul Gawronik**
- Steve Crisenberry**

****Members just a reminder:** if you change your e-mail or other personal mailing info please contact Lori Haney at lhhaney@cox.net. You wouldn't want to miss out on anything**

GVCC MEETING MINUTES: Under a very balmy and winding sky, the monthly GVCC meeting was held at Tucker's Grove on Tuesday, 9.04.07 with several members present. President Doris gavelled the meeting to order at 6:12pm and promptly circulated the club mail. Lori Haney passed around the ride calendar and mentioned that she will be handling the printing of our monthly newsletter. We are hoping to meet an earlier deadline for our newsletter and have the printed copies out before the end of the month. The treasurer's report from Cheryl Everett was accepted and entered into record.

President Doris mentioned that the next Bike Path Clean Up hosted by John Berberet and Steph Stark will be on Saturday, October 27, 10:00am so now's a good time to get that info on your calendar. Also read into the record was a thank you from Eva Inbar for our donation to Safe Routes to Schools and that we received confirmation from Brooks and Kate Firestone on their selecting to have our

\$1000 donation given to Direct Relief International.

With this being the last meeting before PPR on 10/9/2007 there were some final details to be discussed. Placement of day of ride signs, report from Bob Zimels as to the status of permits (we still need 2), Don Jeske's SAG update, and some discussion on the BBQ food distribution. Anyone still wishing to volunteer can do so by contacting either Doris at 968-3143 or cyclebug@aol.com.

There will be a post-PPR ride on Sunday, October 13th starting at 8:30am near CrossRoads the Firestone homesite. We'll meet and park on Foxen Canyon Road. Bob Zimels is still accepting volunteer ride leaders for the annual MS Ride on the weekend of October 20-21. The ride has a different format this year, so give Bob a call at 962-3200 for the latest info.

Our October meeting will be held on Tuesday, October 9th at Rusty's Pizza at Fairview, 6:00pm to eat and 6:30pm for meeting. See you there.

Meeting was adjourned at 6:55pm.

Respectfully submitted, Hildy Hoffmann,
Recording Secretary



GVCC CLOTHING SALE: This is your last chance to purchase these items. After PPR they will all be gone. To order contact Doris (cyclebug@aol.com) or call 968-3143.

Rides Needed!!!!

Hi GVCC Members,

We always need ride leaders. Check the calendar at www.goletabike.org and pick a date any month to lead a ride of your choice, of meeting place, distance, starting time, etc.

Contact Lori Haney, lhhaney@cox.net.

PEOPLE POWERED RIDE

October 7, 2007: Our theme for 2007 will be **Wine Harvest Festival Ride**; our three routes are being revised and will be labeled "Chardonnay, Merlot and Cabernet".

PPR VOLUNTEERS: Please contact Doris Phinney (cyclebug@aol.com or 968-3143) if you don't see your name listed below and you are willing to volunteer for PPR. This is our only fund raising event and we need as many volunteers as possible to assist with organization and planning prior to the event as well as volunteers on the day of the event to set up for registration and the BBQ, work rest stops, drive sag vehicles, serve food, and clean up.

PPR Chair: Doris Phinney

PPR Coordinators and Volunteers:

- Set Up: **Doris Phinney**, Owen Patmor, Hildy Hoffman, Rosie Thompson, Mike Willis
- Registration: **Doris Phinney** with Hildy Hoffman, Rosie Thompson
- Road Marking: **Dave James**
- Maps & Brochures: **Robert Rainwater**
- Publicity: **Doris Phinney**
- HAMS: **Pete Nicklin**
- BBQ: **Hildy Hoffman** has booked Bruce Nix
- Food Donations: **Hildy Hoffman**
- Permits, Park Reservations: **Bob Zimels**
- Porta Potties, Trash: **Cheryl Everett**
- Food Purchase and Staging: **Hildy Hoffman and Owen Patmor**
- Food Set Up and Clean Up: **Hildy Hoffman**, Ed Goodrich, Pat Kelly, Dottie McLaren
- Before & Ending Inventory: **Rosie Thompson**
- On Site Mechanics: **Don Jeske**
- Sags: **Don Jeske**
 - Drivers: Robert Rainwater, John Berberet, Harlan Green, Cheryl & Jack, Wendy & Bill.

Rest Stops: **Kathleen Boehm & Jared Dawson**

- Workers: Yolanda Blue, Jody Kamrath, Paula Makara, Michele DeCant, Richard Fortune & Cindy Demotte (Los Alamos), Karen Cottreil & friend, Don & Laura Newman, Barbara Petronis, Dave Cantero & Tailwinds (River Park)



Food donations needed



It's time once again for the annual PPR Bake Off ! No this isn't a contest but rather a request for baked good donations like homemade breads and cookies to feed hungry cyclists participating in our PPR on October 7th. What, too hot to bake, but it's not too hot to buy. We do prefer homemade goodies, but will never refuse donations of purchased baked goods. You take the time to buy the items, we'll take the time to hand them out.

So please help out your club by doing whatever you can. Contact Rosie Thompson at 964-2339 for storing your donated items in her freezer. Thanks in advance for your kind donations.

The South Coast Breeze is a monthly publication of the Goteta Valley Cycling Club. Officers & contacts are:

President	Doris Phinney	968-3143
	cyclebug@aol.com	
VicePres./RideCoordinator	Lori Haney	729-1772
	lhhaney@cox.net	
Secretary	Hildy Hoffman	964 0802
	cyclebelle199@cox.net	
Breeze Editor	Laura Newman	687-2588
	lnewman51@cox.net	
Treasurer	Cheryl Everett	967-8173
Breeze Distribution	Owen Patmor	968-3143
	cyclebug@aol.com	
Membership	Lori Haney	964-5822
	lhhaney@cox.net	
Webmaster	Robert Rainwater	
	gbike@impulse.net	
Bike Path Clean Up		
John Berberet and Stephanie Stark		681-0048
	johnberberet@hotmail.com	

Member Sponsorships, which are \$50 biannually, guarantee your listing every month in The Breeze, as well as regular membership in GVCC. The price of biannual Jersey Sponsorships, which provide you with Member Sponsor benefits as well as a place on our jersey, varies according to placement of your logo on the GVCC jersey; they will be available when the club places its next jersey order. For more information, please contact Doris Phinney at 968-3143 or email cyclebug@aol.com

Your GVCC membership provides you with discounts for non-sale items at the following bike shops:

15% off parts & accessories at:
Open Air Bicycles, 224 Chapala, 962-7000

10% off parts & accessories at:
Bicycle Bob's, 15 Hitchcock Way, 682-4699
Bicycle Bob's, 250 Storke Rd, 685-6799
Hazards Cycle Sport, 735 Chapala, 966-3787
I.V. Bike Boutique, 880 EmbarcaderoDelMar, 968-3338
Rincon Cycles, 5100 Carpinteria Ave, 684-9466
Velo Pro Cyclery, 633 State St., 963-7775
Velo Pro Cyclery, 5887 Hollister Ave., 964-8355
Velo Santa Barbara, next to RoCo on State St, 884-0917

Bike Hazards

Call these folks to report the broken glass, potholes, downed tree limbs, discarded mattresses, illegally parked cars & other obstacles to safe cycling.

City of Buellton.	688-5177
City of Carpinteria	684-5405 x411 or 405
City of Lompoc	736-1261 x524 or 526
City of Sta. Barbara, Streets	564-5413
City of Sta. Barbara, Potholes	897-2513
City of Goleta	961-7500
City of Santa Maria	925-0951 x221
City of Solvang	688-7529
Un-incorporated SB County	
debris and foliage	681-5696
general road/bikeway suggestions	568-3046
State Hwy System, Caltrans	
(eg Hwy 246, 1, 154, etc)	568-1261

**Thank You to Our GVCC Sponsors!
Please support these Sponsors**

ARGUELLES, JOHN C - DDS	681-4848
38 S. LaCumbre Rd. Santa Barbara	
BANKERS PACIFIC MORTGAGE, INC.	681-6363
4141 State St.#E-13 Santa Barbara, CA 93110	
BICYCLE BOB'S	682-4699
15 Hitchcock Way, Santa Barbara 93101	
BIKESMITHS	684-3150
5441B Carpinteria Ave, Carpinteria 93013	
FERREL'S CHIROPRACTIC	963-3232
533 E. Micheltorena, Ste. 200, Santa Barbara 93103	
FRANK SCHIPPER CONSTRUCTION	963-4359
610 E Cota, Santa Barbara	
KEMP CHIROPRACTIC CLINIC.	966-3344
809 Chapala, Santa Barbara 93101	
MC FARLAND, BOB - ATTORNEY	687-6198
2600 De La Vina #F, Santa Barbara 93101	

Goleta Valley Cycling Club Membership Application

The Goleta Valley Cycling Club (GVCC) is a recreational and sport touring association committed to promoting safety, health, and fitness through the shared social activity of bicycling. Furthermore, the members acknowledge a responsibility to share our sport, our experience, and our aforesaid commitment as a group with the larger community in which we live. The GVCC endorses bicycling advocacy and maintains membership in: The League of American Bicyclists (the LAB), California Association of Bicycle Organizations, The Bicycle Ride Directors Association of America, and The Santa Barbara Bicycle Coalition. All GVCC members receive "The Breeze" monthly newsletter, which includes the ride schedule. Most local bicycle shops and athletic apparel specialists extend discounts to GVCC members. All members are encouraged to participate regularly in club activities; ANSI-SNELL approved bicycle helmets are required on all club rides.

Release and Waiver of Liability, Assumption of Risk, and Indemnity and Parental Consent Agreement ("Agreement")
In Consideration of being permitted to participate in any way in Goleta Valley Cycling Club sponsored Bicycling Activities ("Activity") I, for myself, my personal representatives, assigns heirs, and next of kin:

1. Acknowledge, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in he Activity.

2. Fully Understand that: (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis, and death ("risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the "releasees" named below; (c) these may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation or that of the minor in the Activity.

3. Hereby release, discharge, and covenant not to sue the Club, the LAB, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and leasers of premises on which the Activity takes place, (each considered one of the "releasees" herein) from all liability, clams, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fee, loss, liability, damage or cost which any may incur as the result of such claim. I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Name _____ New Member _____ or Renewal _____

Address: _____
(number & street) (city & state) (zip)

Home Phone _____ Work _____
Email _____

Are you a member of the League of American Bicyclists? _____ # _____ Birthdate (op.) _____

I certify that I am over 18 years of age. (If under 18 years of age, a separate release form must be obtained, signed by parent or guardian and submitted with this application.)

Signature _____ Date _____

_____ 1-Year Membership \$15.00 OR _____ 2-Year Membership \$25 (check one).
Make checks payable to GVCC & mail to P.O. Box 1547, Goleta, CA 93116-1547.

A Membership Card must be requested otherwise you won't receive one.