

The Breeze



The Newsletter of the Goleta Valley Cycling Club

po box 1547 goleta ca 93116

www.goletabike.org

NOVEMBER 2005

Come out and ride with us!

We are a non-profit recreational association committed to promoting health, fitness, and safety through bicycling.

For all levels!

WE DID IT, ANOTHER SUCCESSFUL PEOPLE POWERED RIDE!

Bicycle Spoken Here

GVCC President: **Doris Phinney**,
968-3143, cyclebug@aol.com

The Next Monthly Meeting of the GVCC will be held on **Thursday, November 10, 630pm dinner, 7pm meeting, Rusty's Pizza**, 232 W. Carrillo (between Bath and De la Vina). THANK YOU **Jared Dawson** for stepping in to put out The Breeze this month. You're the best! My condolences to **Laura** and her deceased computer.

TOUR DE TANGO, People Powered Ride: We did it! Another successful PPR thanks to all the dedicated volunteers. A special thanks to **Hildy Hoffman** for taking charge of this year's event. Also a very special thanks to **Kate and Brooks Firestone** for their hospitality. Kate baked brownies and both visited with riders in the pole barn. We are so fortunate to have this most beautiful spot to stage our ride.

FLAT TIRE REPORT: Just this week I had the most unusual flat tire experience of my entire riding career. This one even beats the drapery hook that poked into my sidewall at one point and exited at another without puncturing the tube—somewhere in the middle of the USA as we pedaled across in 2000.

It happened on Wednesday as I was pedaling home from a shopping trip to Trader Joe's. Owen and I are now using our Burley trailer for groceries since Miles (my grandson) has outgrown it. Owen had an appointment downtown, so I was shopping and pedaling by myself with the trailer hitched to my old steel road bike. On Los Carneros, nearly two miles from home and loaded with groceries, I heard that familiar pop and psssst so I stopped to see which of the four tires was flat. Both bike tires and both trailer tires appeared to be fully inflated. I didn't bother to do a careful inspection and I was somewhat puzzled as to what I had heard. Deciding that perhaps the drip system in the nearby landscaping had turned on and made the sound, I mounted my bike and headed home. Some two hours later I again got on my bike and started out for UCSB and a lunch date. I rode about a block and stopped after feeling a thump, thump. This time the front tire felt as though it had lost some air, so I did a careful inspection. I discovered that the tube was pinched and a torn piece of it was sticking out between the tire and the rim. I rode back home and switched bikes. Two more hours later I returned and pointed out the problem to Owen who changed the tire for me. It still had 60 lbs. of air. He found an inch long tear in the tube at the point where it was pinched. Apparently the old and brittle tires continued to pinch the tube even after the bulging part popped. The flat tire angel was watching over me!

BICYCLE SPOKEN HERE...(continued)

If you'd like to share some of your "interesting" cycling experiences, send me an email.

GVCC Website: For all the latest in photos and information go to www.goletabike.org. Don't forget that if you have a good GVCC cycling photo, get it to Robert Rainwater, gbike@impulse.net.

OCTOBER MEETING SUMMARY...

Goleta Valley Cycling Club

Meeting Minutes

October 6, 2005, at the house of Jared Dawson and Kathleen Boehm

President Doris Phinney welcomed members attending.

VP/Ride Coordinator Hildy Hoffmann passed around the calendar for individuals to sign up.

Treasurer Cheryl Everett provided the current balance of the available funds.

The meeting was essentially a final run-through of PPR logistics and assignments.

We thank everyone who came out, it was a good turn-out, as was the PPR itself, thanks to all of the great volunteers and all of the hard work done by everyone, and especially Hildy Hoffmann and Doris Phinney!!

We will have a fuller PPR wrap-up in next month's Breeze. In the meantime, here are a few numbers to crunch:

Here are some statistics from the last four People Powered Rides:

	2002	2003	2004	2005
Registered Riders	343	318	460	<u>470</u>
30 mile riders	66	62	77	<u>86</u>
Metric riders	124	125	203	<u>205</u>
Full Century	151	130	<u>172</u>	125
Sox/Caps sold	40 sox	40 sox	16 caps	7 caps
Xtra BBQ tickets	20	27	<u>49</u>	25
Raffle ticket sales	553	592	712	73 Tshirts
Raffle Income	\$397	\$412	\$502	\$0

HAPPY NOVEMBER BIRTHDAY TO...

Amy Frease
Lori Haney
Mark McClure
Bob McFarland
Teele Manning
Frances Miller
Bob Pedinoff
Bob Zimels

**If GVCC members have items for sale
phone Laura Newman 687-2588 or email
lnewman51@cox.net for ad submission.**

Also, let her know when it's sold.

PS-(and happy belated birthday (Oct 23) to Jared Dawson, who was mistakenly left off last month's list and since he is the pinch-hitting editor this month, and is filling white space in these columns like crazy, can get away with this special mention, and are you still reading this...?)

PPS- (my apologies to anyone left out of this month's list, I took this from last year's issue-ed.)

PPPS-(if you are a new member, we will try and recognize you in next month's issue)

Here are some future dates of rides from the <http://www.planetultra.com/> site, that may interest you. The editor has no personal knowledge of these rides, nor is making a recommendation, just throwing out some ideas and dates to consider:

Solvang's Finest Century

Ride a Century or Metric Century to support [Challenged Athletes Foundation](#).

Nov 12, 2005 (email registration only until Nov 5)

Mulholland Challenge

All the best of the Santa Monica Mountains: Topanga, Mulholland, Stunt Road and more! Century, Metric Century or Half Century

Apr 22, 2006

Moonlight Magic Century

Lone Pine to the border of Death Valley National Park, and back, by Full Moonlight

May 13, 2006

Heartbreak Hundred

Ride the roads less traveled in places you've never heard of, like Apache Saddle and Ventucopa and then up the Lockwood Valley

May 27, 2006

Angeles Crest Century

Classic alpine century to Mt. Wilson.

Sept 30, 2006

The South Coast Breeze is a monthly publication of the Goleta Valley Cycling Club. Officers & contacts are:

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GVCC Jerseys for Sale...Anyone want to sell a used Large Size?

At the annual June meeting it was pointed out the initial cost for a jersey order is around \$6,000. The club is waiting for more orders to make up new jerseys. A very limited number of the club jerseys - 3 dolphins on blue, yellow & green background - are available (no L, XL or XXL). They can be obtained from Doris Phinney; please call ahead to arrange a time (968-3143). The cost is \$55. If you choose to have a jersey mailed, mail a \$60 check, payable to GVCC, to Doris Phinney 223 Saratoga Ct, Goleta CA 93117; make sure you specify the size.

If you are no longer using a club jersey there may be someone else who would be happy to buy it. Why not post it for sale in the Breeze? Contact Laura Newman at 687-2588 or lnewman51@cox.net

Bike Hazards

Call these folks to report the broken glass, potholes, downed tree limbs, discarded mattresses, illegally parked cars & other obstacles to safe cycling.

City of Buellton.	688-5177
City of Carpinteria	684-5405 x411 or 405
City of Lompoc	736-1261 x524 or 526
City of Sta. Barbara, Streets	564-5413
City of Sta. Barbara, Potholes	897-2513
City of Goleta	961-7500
City of Santa Maria	925-0951 x221
City of Solvang	688-7529
Un-incorporated SB County	

Bike Hazards (continued)

debris and foliage	681-5696
general road/bikeway suggestions	568-3046
State Hwy System, Caltrans	
(eg Hwy 246, 1, 154,etc)	568-1261

**Thank You to Our GVCC Sponsors!
Please support these Sponsors**

ARGUELLES, JOHN C - DDS	681-4848
38 S. LaCumbre Rd. Santa Barbara	
BICYCLE BOB'S	682-4699
15 Hitchcock Way, Santa Barbara 93101	
BIG GEAR BIKE GEAR	962-5962
324 State St., Santa Barbara 93101	
BIKESMITHS	684-3150
5441B Carpinteria Ave, Carpinteria 93013	
FERREL'S CHIROPRACTIC	963-3232
533 E. Micheltorena, Ste. 200, Santa Barbara 93103	
FRANK SCHIPPER CONSTRUCTION	963-4359
610 E Cota, Santa Barbara	
KEMP CHIROPRACTIC CLINIC.	966-3344
809 Chapala, Santa Barbara 93101	
MC FARLAND, BOB - ATTORNEY	687-6198
2600 De La Vina #F, Santa Barbara 93101	
STATE & A BAR & GRILL	966-1010
1201 State St, Santa Barbara 93101	
TRUEX, DON - DDS, MAGD	967-8300
6134 Calte Real Ste A, Goleta 93117	

Member Sponsorships, which are \$50 biannually, guarantee your listing every month in The Breeze, as well as regular membership in GVCC. The price of biannual Jersey Sponsorships, which provide you with Member Sponsor benefits as well as a place on our jersey, varies according to placement of your logo on the GVCC jersey; they will be available when the club places its next jersey order. For more information, please contact Doris Phinney at 968-3143 or email cyclebug@aol.com

Your GVCC membership provides you with discounts for non-sale items at the following bike shops:

15% off parts & accessories at:

Open Air Bicycles, 224 Chapala,	962-7000
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10% off parts & accessories at:

Bicycle Bob's, 15 Hitchcock Way,	682-4699
Bicycle Bob's, 250 Storke Rd,	685-6799
Big Gear Bike Gear, 324 State,	962-5962
Hazards Cycle Sport, 735 Chapala,	966-3787
I.V. Bike Boutique, 880 EmbarcaderoDelMar,	968-3338
Rincon Cycles, 5100 Carpinteria Ave,	684-9466
Velo Pro Cyclery, 633 State St.,	963-7775
Velo Pro Cyclery, 5887 Hollister Ave.,	964-8355
Velo Santa Barbara, next to RoCo on State St,	884-0917