

# The Breeze



The Newsletter of the Goleta Valley Cycling Club

po box 1547 goleta ca 93116

[www.goletabike.org](http://www.goletabike.org)

June 2008

## ☞ **Bicycle Spoken Here** ☞

GVCC President: **Doris Phinney, 968-3143,**  
[cyclebug@aol.com](mailto:cyclebug@aol.com)

**GVCC MEETING: Members Only, Sunday, June 8, 11am, Stow Grove Area 3.** We're starting earlier this year and Lori is planning some special, fun activities, complete with prizes. **Please RSVP by June 2 to Hildy, 964-0802 or [cyclebelle199@cox.net](mailto:cyclebelle199@cox.net).**

**BBQ prepared by Bruce Nix served at 1pm.**

**Election of Officers:** If you would like to help your club by serving as an officer or you would like to nominate someone else, then please contact me.

**Funding Proposals:** GVCC is soliciting written proposals for bicycling related projects in need of funds. Send your suggestions to GVCC, P.O. Box 1547, Goleta, CA 93116 or you may email them to me at [cyclebug@aol.com](mailto:cyclebug@aol.com). Our PPR profits are used to benefit cycling in our community and our June meeting is when we vote on allocations. **Deadline for Submission: May 31.**

**NEWCOMERS RIDE:** The June ride calendar escaped me, so our next Newcomers Ride will be on Saturday, July 12, 830am, at Anna's Bakery. Our May ride was a success with three new faces: Alicia, Catherine, and Bob. In fact we had so many riders we were able to break into two groups with Lori leading a faster paced group and the rest of us enjoying a leisurely tour around Goleta. Our ride ended with lunch at Lori's and our monthly

meeting. Thank you so much, Lori, for hosting a delicious lunch, and did I mention she provided coffee before the ride.

**ADVENTURE CYCLING MAPS:** GVCC has received a set of 8 bicycling maps, the complete set for the Lewis & Clark Bicycle Trail. If you are interested in borrowing these maps, please contact me.

From The Quotable Cyclist, Bill Strickland, Editor  
*From the dawn of humankind's existence we've sought ways to make time stand still. In our quest for the fourth dimension we've dehydrated ourselves in sweat lodges and ingested hallucinogenic plants. We've even fantasized about building machines that could take us backward through time. But nothing makes the clock tick more slowly than stationary cycling.* Don Cuerdon

GVCC Website [www.goletabike.org](http://www.goletabike.org): **Be sure to check the events calendar on the web for the latest and most complete ride information. We are no longer printing ride descriptions in The Breeze, so call the ride leader or click on the calendar date on the website. For all the latest in photos and information, check the website. Don't forget that if you have a good GVCC cycling photo, get it to Robert Rainwater, [gbike@impulse.net](mailto:gbike@impulse.net)**





**HAPPY JUNE BIRTHDAYS TO...**

**Beverly Ching  
Steve Crisenberry  
Arthur Gossard  
Harlan Green  
Rod Pearson  
Edward Yates**

**NO NEW MEMBERS THIS MONTH**



**\*\*Members just a reminder:** if you change your e-mail or other personal mailing info please contact Lori Haney at [lhhaney@cox.net](mailto:lhhaney@cox.net). You wouldn't want to miss out on anything\*\*

**Rides Needed!!!!**

Hi GVCC Members,  
We always need ride leaders. Check the calendar at [www.goletabike.org](http://www.goletabike.org) and pick a date any month to lead a ride of your choice, of meeting place, distance, starting time, etc.

**\*\*Ride leaders** tell if your ride will be a mocha/latte/espresso/double espresso.

Contact Lori Haney, [lhhaney@cox.net](mailto:lhhaney@cox.net)



Bob Zimels and the new bike rodeo car used in the **Safe Routes to School Program**. The car with an opening door demonstrates the dangers of the door zone. A donation last year from GVCC paid for this prop! Donations are decided at the annual meeting which is scheduled this year on June 8.

**GVCC Minutes, Saturday, May 3, 2008**

Perhaps it was the aroma of freshly brewed coffee that lured so many GVCC'ers to Lori Haney's house this Saturday. Needless to say, Doris was pleased as "Peet's" that 16 people showed up for the Newcomer's Ride which was split in 2 sections: moderate and speedos. After the ride we were back at Lori's for a late brunch and our monthly GVCC meeting. We were delighted to have three new folks join us for our ride, Kathryn, Alicia and Bob. Hope to see you again on future rides.

President Doris Phinney started the meeting at 11:45am. The club mail folder was circulated along with the ride calendar. (Anyone who would like to lead a ride can contact Lori Haney at anytime 964-5822).

June 8<sup>th</sup> is our annual election of officers and vote on funding proposals. It's not too late to add your name to the list of those interested in serving our club. Call Doris at 968-3143. The event starts this year at 11:00am with some new and fun things planned by Lori; the BBQ will be served at 1:00pm with our business meeting thereafter.

Ralph Fertig spoke about Bike to Work Day & Week and the May 17<sup>th</sup> dinner and talk presentation by Willie Weir at Chase Palm Park. We're still accepting volunteers for PPR in October. Also seeking volunteers and participants is the American Lung Association for its annual 3-day ride, June 27-29<sup>th</sup>.

Long-time GVCC member and past president, Bob Zimels, reported to those present on his trip to Washington, DC in early March to attend the LAB Bike Summit. This was Bob's second trip in as many years and his comprehensive report certainly indicated that there's much happening in our nation's capitol regarding bicycling. His time spent there was filled with meetings and speeches and lots of walking—so much so, that he has a lasting souvenir of a nasty foot problem. All for a good cause, Bob. Thanks for a great report.

The meeting adjourned at 1:50pm.

Respectfully submitted  
Hildy Hoffmann, Recording Secretary

**PEOPLE POWERED RIDE 2008**

**October 12, 2008.**

We will continue with our Wine Harvest Festival theme. To make PPR a success we need lots of volunteers; please let me know if you are available to help on the day of the ride or if you can assist with preparations prior to the ride day.

**<< PPR 2008 Volunteer List >>**

1. Doris Phinney      Coordinator Registration
  - a. **Day of ride check-in and set-up**  
**VOLUNTEERS NEEDED**
2. Bob Zimels      Coordinator, Park permits, community contact, other permission
3. Hildy Hoffman      Coordinator BBQ, Food setup and service, Publicity
  - a. **Food setup and service**      **VOLUNTEERS NEEDED**
4. Cheryl Everett      Coordinator for trash and porta-potties
5. Kathleen Boehm      Coordinator for Rest Stops
6. Jared Dawson      Coordinator for Rest Stops
  - a. **Rest Stop VOLUNTEERS NEEDED**
  - b. Dave Cantero & Tailwinds      River Park Rest Stop
  - c. Yolanda Blue      Los Alamos Rest Stop
  - d. Barbara Petronis      Los Alamos Rest Stop
  - e. Karen Cottriel + friend      Santa Maria Mesa Rest Stop
  - f. Michele DeCant      Hans Christian Andersen
7. Coordinator for course marking are you there Dave James?
8. Don Jeske      Coordinator for sags and mechanics
  - SAG VOLUNTEERS NEEDED**, GVCC will reimburse you for gas
  - a. Bill & Wendy.
9. Owen Patmor      Food buyer, and anything else we ask of him.

**Please contact Doris Phinney (968-3143 or [cyclebug@aol.com](mailto:cyclebug@aol.com)) to volunteer your help on October 12, 2008.**

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**<<<< FOR SALE >>>>**

**\$800 Black Softride 49CM Frame.** Campy Record components, Chris King headset, Time Fork, Racing-T Crank 170 30/42/52, 13-27 8sp cassette, Cinelli Eubios 40CM Bar, 52-42-30 front cog, 27-13. Must see to appreciate. Call Lori at 729-1772

\*\*\*\*\*

**\$300 Schwinn Paramount tandem**, ca 1980, a classic, 4130 chrome moly steel frame, 27" wheels, Deore XT brakes, Deore LS derailleur & shifters, 14-speed, mountain-bike-style handlebars. Tall size Excellent running condition. Call Don or Laura at 687-2588

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**GVCC CLOTHING SALE:** To order contact Doris ([cyclebug@aol.com](mailto:cyclebug@aol.com)) or call 968-3143.

**GVCC Sox, member price is \$5, non-members \$10, size L, only 22 left.**

**McFarland Jersey Sale Continues:** If you would like to schedule a "private showing," just let me know and we'll arrange a time. There are literally hundreds of jerseys and shorts left. You will not find a more extensive collection in town and the price is right, \$5 per item.

**Club Jerseys: \$35 members only. Size Small, only 3 left.**

**The South Coast Breeze is a monthly publication  
of the Goteta Valley Cycling Club. Officers &  
contacts are:**

President	Doris Phinney	968-3143
	cyclebug@aol.com	
VicePres./RideCoordinator	Lori Haney	729-1772
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Bike Path Clean Up		
John Berberet and Stephanie Stark		681-0048
	johnberberet@hotmail.com	

## Bike Hazards

Call these folks to report the broken glass, potholes, downed tree limbs, discarded mattresses, illegally parked cars & other obstacles to safe cycling.

City of Buellton.	688-5177
City of Carpinteria	684-5405 x411 or 405
City of Lompoc	736-1261 x524 or 526
City of Sta. Barbara, Streets	564-5413
City of Sta. Barbara, Potholes	897-2513
City of Goleta	961-7500
City of Santa Maria	925-0951 x221
City of Solvang	688-7529
Un-incorporated SB County	
debris and foliage	681-5696
general road/bikeway suggestions	568-3046
State Hwy System, Caltrans	
(eg Hwy 246, 1, 154,etc)	568-1261

**Thank You to Our GVCC Sponsors!  
Please support these Sponsors**

ARGUELLES, JOHN C - DDS	681-4848
38 S. LaCumbre Rd. Santa Barbara	
BANKERS PACIFIC MORTGAGE, INC.	681-6363
4141 State St.#E-13 Santa Barbara, CA 93110	
BICYCLE BOB'S	682-4699
15 Hitchcock Way, Santa Barbara 93101	
BIKESMITHS	684-3150
5441B Carpinteria Ave, Carpinteria 93013	
FERREL'S CHIROPRACTIC	963-3232
533 E. Micheltorena, Ste. 200, Santa Barbara 93103	
FRANK SCHIPPER CONSTRUCTION	963-4359
610 E Cota, Santa Barbara	
KEMP CHIROPRACTIC CLINIC.	966-3344
809 Chapala, Santa Barbara 93101	
MC FARLAND, BOB - ATTORNEY	687-6198
2600 De La Vina #F, Santa Barbara 93101	

**Member Sponsorships**, which are \$50 biannually, guarantee your listing every month in The Breeze, as well as regular membership in GVCC. The price of biannual Jersey Sponsorships, which provide you with Member Sponsor benefits as well as a place on our jersey, varies according to placement of your logo on the GVCC jersey; they will be available when the club places its next jersey order. For more information, please contact Doris Phinney at 968-3143 or email cyclebug@aol.com

Your GVCC membership provides you with discounts for non-sale items at the following bike shops:

**15% off parts & accessories at:**

Open Air Bicycles, 224 Chapala,	962-7000
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**10% off parts & accessories at:**

Bicycle Bob's, 15 Hitchcock Way,	682-4699
Bicycle Bob's, 250 Storke Rd,	685-6799
Hazards Cycle Sport, 110 Anacapa,	966-3787
I.V. Bike Boutique, 880 EmbarcaderoDelMar,	968-3338
Rincon Cycles, 5100 Carpinteria Ave,	684-9466
Velo Pro Cyclery, 633 State St.,	963-7775
Velo Pro Cyclery, 5887 Hollister Ave.,	964-8355
Velo Santa Barbara, next to RoCo on State St,	884-0917

# Goleta Valley Cycling Club Membership Application

The Goleta Valley Cycling Club (GVCC) is a recreational and sport touring association committed to promoting safety, health, and fitness through the shared social activity of bicycling. Furthermore, the members acknowledge a responsibility to share our sport, our experience, and our aforesaid commitment as a group with the larger community in which we live. The GVCC endorses bicycling advocacy and maintains membership in: The League of American Bicyclists (the LAB), California Association of Bicycle Organizations, The Bicycle Ride Directors Association of America, and The Santa Barbara Bicycle Coalition. All GVCC members receive "The Breeze" monthly newsletter, which includes the ride schedule. Most local bicycle shops and athletic apparel specialists extend discounts to GVCC members. All members are encouraged to participate regularly in club activities; ANSI-SNELL approved bicycle helmets are required on all club rides.

Release and Waiver of Liability, Assumption of Risk, and Indemnity and Parental Consent Agreement ("Agreement")  
In Consideration of being permitted to participate in any way in Goleta Valley Cycling Club sponsored Bicycling Activities ("Activity") I, for myself, my personal representatives, assigns heirs, and next of kin:

1. Acknowledge, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in he Activity.

2. Fully Understand that: (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis, and death ("risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the "releasees" named below; (c) these may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation or that of the minor in the Activity.

3. Hereby release, discharge, and covenant not to sue the Club, the LAB, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and leasers of premises on which the Activity takes place, (each considered one of the "releasees" herein) from all liability, clams, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fee, loss, liability, damage or cost which any may incur as the result of such claim. I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Name \_\_\_\_\_ New Member \_\_\_\_\_ or Renewal \_\_\_\_\_

Address: \_\_\_\_\_  
(number & street) (city & state) (zip)

Home Phone \_\_\_\_\_ Work \_\_\_\_\_  
Email \_\_\_\_\_

Are you a member of the League of American Bicyclists? \_\_\_\_\_ # \_\_\_\_\_ Birthdate (op.) \_\_\_\_\_

I certify that I am over 18 years of age. (If under 18 years of age, a separate release form must be obtained, signed by parent or guardian and submitted with this application.)

Signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_ 1-Year Membership \$15.00 OR \_\_\_\_\_ 2-Year Membership \$25 (check one).  
Make checks payable to GVCC & mail to P.O. Box 1547, Goleta, CA 93116-1547.

A Membership Card must be requested otherwise you won't receive one.