

The Breeze

The Newsletter of the Goleta Valley Cycling Club



po box 1547 goleta ca 93116

www.goletabike.org

June 2006

☞ Bicycle Spoken Here ☞

GVCC President: Doris Phinney, 968-3143, cyclebug@aol.com

GVCC ANNUAL MEETING: Saturday, June 10, 1pm, at Stow Grove, members only. You must RSVP to Hildy, 964-0802, by June 6. The catered BBQ will be followed by the meeting with election of officers and allocation of funds to worthwhile projects.

ELECTION of OFFICERS: Nominations will be accepted at the meeting or contact the Nominating Committee (Connie Styrowoll or Suzanne Michaud) in advance. Current officers nominated for re-election are

President: Doris Phinney

Vice President/Ride Coordinator: Hildy Hoffman

Secretary/Breeze Editor: Laura Newman

Treasurer: Cheryl Everett

FUNDING PROPOSALS: If you know of a worthwhile bicycling project that could use some funding support from the GVCC, please contact me with a funding proposal prior to our June meeting. Proposals must be submitted in writing (or email).

NEWCOMERS RIDE: Join me for a leisurely tour of Goleta on **Saturday, June 10**, 9am, at Anna's Bakery. We'll have some coffee and conversation and then go for a ride. If you are new to the area and would like to meet other cyclists, this ride is for you. If you haven't ridden with the GVCC and are concerned that you won't be able to keep up with the pace, this ride is for you. If you are a club member but hardly ever go on a club ride, this ride is for you. If you just want to go for a spin with

some really nice people, this ride is for you. No one will be left behind.

GVCC RECEIVES AWARD: The Santa Barbara Bicycle Coalition presented the GVCC with a framed certificate for "significant contributions to bicycling in Santa Barbara County". Don Lubach presented the award to the President of the GVCC at the opening banquet for Bike Week, Saturday, May 13. We also received a recognition certificate from California Assembly Member Pedro Nava. Congratulations to all of our hard-working members!

GVCC Website: For all the latest in photos and information go to www.goletabike.org. Don't forget that if you have a good GVCC cycling photo, get it to Robert Rainwater, gbike@impulse.net.

From "The Quotable Cyclist" Bill Strickland, Editor

Speed: "I came out for exercise, gentle exercise, and to notice the scenery and to botanize. And no sooner do I get on that accursed machine than off I go hammer and tongs; I never see a view—get hot, juicy, red—like a grilled pork chop. Get me on that machine and I have to go. I go scorching along the road, and cursing aloud at myself for doing it."

--H.G. Wells, *The Wheels of Chance*

TRIBBLE MEMORIAL RIDE RESCHEDULED TO Sunday June 4





HAPPY JUNE BIRTHDAYS TO...

- Beverly Ching**
- Art Gossard**
- Harlan Green**
- Winifred Oakley**
- Rod Pearson**

NEW MEMBERS THIS MONTH 😊

- Edward Barrier**
- Jean Roy**

Meeting Minutes Saturday, May 13, 2006

It was a sunny, hot, blustery morning at 11:00am on May 13th. . . . somewhere. . . but not here. Our GVCC May Monthly Meeting was held in Girsh Park complete with the May grey cloud cover. President, Doris Phinney, opened the meeting at 11:10am. We were fortunate to welcome 3 new riders to our meeting: Blake (from Carpinteria, sorry Blake don't have your last name), Ed Barrier and Jean Roy. Treasurer's Report by Cheryl Everett was presented and filed. Our next Bike Path Clean Up is scheduled for Saturday, June 17 at 10:00am at John and Steph's place, 5071D Rhoads Ave. REMEMBER, this is also a pizza feed; your manual labor does not go unrewarded. We really need your help especially now that more folks are using "alternative" transportation now that gas is priced so high.

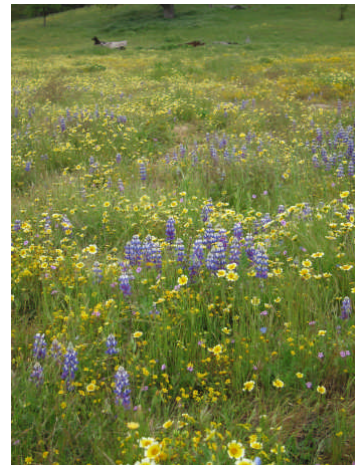
In preparation of our Annual GVCC Meeting in June, we are soliciting funding proposals and our Nominating Committee is hard at work getting names for our June election. In conjunction with our annual meeting on June 10, 1:00pm at Stowe Park, we will have a catered BBQ-members only lunch. RSVP's ARE A MUST. Call Hildy at 964-0802 or email her at cyclebelle199@cox.net with your reservation. Deadline is June 6th.

Doris talked about Bike Week, Bike to Work Day and an award that we, GVCC, were going to receive from the SB Bicycle Coalition later that evening at a dinner featuring guest speaker Willie Weir. She also reminded those present about the following day's ride with ride leader Hildy to Cafe de Velo, Santa Barbara newest cycling shop.

Added to the discussions at the May meeting was the upcoming American Lung Assn Annual "Breathe Easy Ride-Tour the Wine Country" on June 16-18. GVCC always has several folks who participate as ride leaders for this event. You can do 1, 2 or all 3 days if you wish. Camping is at Midland School. If you want to volunteer, contact the American Lung Assn at www.alasbvcevents.org or all our local ALS office at 963 1426.

There being no further business the meeting was adjourned at 11:45am.

Respectfully submitted, Hildy Hoffmann, Acting Secretary



Several GVCC members braved the wet and cold to ride the 2006 Wildflower. Recent rains created a beautiful panorama of colorful blossoms.



Email a photo with info of your ride to Laura Newman at newman51@cox.net and she'll try to fit it in the next Breeze

The South Coast Breeze is a monthly publication of the Goleta Valley Cycling Club. Officers & contacts are:

President	Doris Phinney	968-3143
	cyclebug@aol.com	
VicePres./RideCoordinator	Hildy Hoffmann	964-0802
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	gbike@impulse.net	
Bike Path Clean Up		
John Berberet and Stephanie Stark		681-0048
	johnberberet@hotmail.com	

If GVCC members have items for sale phone Laura Newman 687-2588 or email lnewman51@cox.net for ad submission. Also, let her know when it's sold.

Bike Hazards

Call these folks to report the broken glass, potholes, downed tree limbs, discarded mattresses, illegally parked cars & other obstacles to safe cycling.

City of Buellton.		688-5177
City of Carpinteria	684-5405 x411 or 405	
City of Lompoc	736-1261 x524 or 526	
City of Sta. Barbara, Streets	564-5413	
City of Sta. Barbara, Potholes	897-2513	
City of Goleta	961-7500	
City of Santa Maria	925-0951 x221	
City of Solvang	688-7529	
Un-incorporated SB County		
debris and foliage	681-5696	
general road/bikeway suggestions	568-3046	
State Hwy System, Caltrans		
(eg Hwy 246, 1, 154, etc)	568-1261	

Thank You to Our GVCC Sponsors! Please support these Sponsors

ARGUELLES, JOHN C - DDS	681-4848
38 S. LaCumbre Rd. Santa Barbara	
BICYCLE BOB'S	682-4699
15 Hitchcock Way, Santa Barbara 93101	
BIG GEAR BIKE GEAR	962-5962
324 State St., Santa Barbara 93101	
BIKESMITHS	684-3150
5441B Carpinteria Ave, Carpinteria 93013	
FERREL'S CHIROPRACTIC	963-3232
533 E. Micheltorena, Ste. 200, Santa Barbara 93103	
FRANK SCHIPPER CONSTRUCTION	963-4359
610 E Cota, Santa Barbara	

KEMP CHIROPRACTIC CLINIC.	966-3344
809 Chapala, Santa Barbara 93101	
MC FARLAND, BOB - ATTORNEY	687-6198
2600 De La Vina #F, Santa Barbara 93101	
STATE & A BAR & GRILL	966-1010
1201 State St, Santa Barbara 93101	
TRUEX, DON - DDS, MAGD	967-8300
6134 Calte Real Ste A, Goleta 93117	

Member Sponsorships, which are \$50 biannually, guarantee your listing every month in The Breeze, as well as regular membership in GVCC. The price of biannual Jersey Sponsorships, which provide you with Member Sponsor benefits as well as a place on our jersey, varies according to placement of your logo on the GVCC jersey; they will be available when the club places its next jersey order. For more information, please contact Doris Phinney at 968-3143 or email cyclebug@aol.com

Your GVCC membership provides you with discounts for non-sale items at the following bike shops:

15% off parts & accessories at:
Open Air Bicycles, 224 Chapala, 962-7000

10% off parts & accessories at:
Bicycle Bob's, 15 Hitchcock Way, 682-4699
Bicycle Bob's, 250 Storke Rd, 685-6799
Big Gear Bike Gear, 324 State 962-5962
Hazards Cycle Sport, 735 Chapala, 966-3787
I.V. Bike Boutique, 880 EmbarcaderoDelMar, 968-3338
Rincon Cycles, 5100 Carpinteria Ave, 684-9466
Velo Pro Cyclery, 633 State St., 963-7775
Velo Pro Cyclery, 5887 Hollister Ave., 964-8355
Velo Santa Barbara, next to RoCo on State St, 884-0917

GVCC Jerseys for Sale

The club is waiting for more orders to make up new jerseys. A very limited number of the club jerseys - 3 dolphins on blue, yellow & green background - are available (no L, XL or XXL). They can be obtained from Doris Phinney; please call ahead to arrange a time (968-3143). The cost is \$55. If you choose to have a jersey mailed, mail a \$60 check, payable to GVCC, to Doris Phinney 223 Saratoga Ct, Goleta CA 93117; make sure you specify the size.

If you are no longer using a club jersey there may be someone else who would be happy to buy it. Why not post it for sale in the Breeze? Contact Laura Newman at 687-2588 or lnewman51@cox.net

Goleta Valley Cycling Club Membership Application

The Goleta Valley Cycling Club (GVCC) is a recreational and sport touring association committed to promoting safety, health, and fitness through the shared social activity of bicycling. Furthermore, the members acknowledge a responsibility to share our sport, our experience, and our aforesaid commitment as a group with the larger community in which we live. The GVCC endorses bicycling advocacy and maintains membership in: The League of American Bicyclists (the LAB), California Association of Bicycle Organizations, The Bicycle Ride Directors Association of America, and The Santa Barbara Bicycle Coalition. All GVCC members receive "The Breeze" monthly newsletter, which includes the ride schedule. Most local bicycle shops and athletic apparel specialists extend discounts to GVCC members. All members are encouraged to participate regularly in club activities; ANSI-SNELL approved bicycle helmets are required on all club rides.

Release and Waiver of Liability, Assumption of Risk, and Indemnity and Parental Consent Agreement ("Agreement")
In Consideration of being permitted to participate in any way in Goleta Valley Cycling Club sponsored Bicycling Activities ("Activity") I, for myself, my personal representatives, assigns heirs, and next of kin:

1. Acknowledge, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis, and death ("risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the "releasees" named below; (c) these may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation or that of the minor in the Activity.

3. Hereby release, discharge, and covenant not to sue the Club, the LAB, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "releasees" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fee, loss, liability, damage or cost which any may incur as the result of such claim. I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Name _____ New Member _____ or Renewal _____

Address: _____
(number & street) (city & state) (zip)

Home Phone _____ Work _____
Email _____

Are you a member of the League of American Bicyclists? _____ # _____ Birthdate (op.) _____

I certify that I am over 18 years of age. (If under 18 years of age, a separate release form must be obtained, signed by parent or guardian and submitted with this application.)

Signature _____ Date _____

_____ 1-Year Membership \$15.00 OR _____ 2-Year Membership \$25 (check one).
Make checks payable to GVCC & mail to P.O. Box 1547, Goleta, CA 93116-1547.

A Membership Card must be requested otherwise you won't receive one.