

The Breeze



The Newsletter of the Goleta Valley Cycling Club

po box 1547 goleta ca 93116

www.goletabike.org

JUNE 2004

Come out and ride with us!

*We are a non-profit recreational association committed to promoting health, fitness, and safety through bicycling.
For all levels!*

AS THE WHEELS TURN...

It was great seeing so many GVCC jerseys on the road at the Wildflower. I am sure many more were at the Great Western Bicycle rally. The jersey always evokes admiration for **Bill Hull's** design work and curiosity about GVCC. At our last meeting we discussed ordering new jerseys for those who would buy one if we had more than size small available. So let me know if you want one and what size yours should be.

May is always a fun month for cyclists, not only is the weather usually perfect for a ride but we have the celebrations and activities of Bicycle to Work week to cheer our alternative transportation life styles. Several of the GVCC members enjoyed the kick-off dinner sponsored by the Santa Barbara Bicycling Coalition. GVCC member and former SBBC president, **Wilson Hubble**, was honored for his years of service to the bicycling community. I hope many of you were able to enjoy the Bicycle to Work celebrations on May 19th. I was at the Java Station stop and enjoyed visiting with the hundred or so riders who stopped there. Many thanks to all those at SBBC and TrafficSolutions, especially **Ralph Fertig** and **Erika Lindeman**, for all they do to make us cyclists more visible in the community.

Do not forget to save Sunday, **June 13th for the annual GVCC meeting** at Tuckers Grove site 8 at 1 PM. Your club is providing the bar-b-que lunch! You provide the ideas for the coming year and vote for our slate of officers. Look at

the ride calendar for the pre-ride to leave from Tucker's Grove. What better way to spend a Sunday - bring the family and enjoy the camaraderie of your bicycling cohorts. **Call 687-6218 or email kboehm@silcom.com by Sunday June 6th to let me know how many are coming.**

Allocating funds to non-profit bicycling causes is a core service the GVCC provides. We need written proposals for projects to fund. Please send a description of what is needed and who will administer the funding to: GVCC attn: Grants, POB 1547, Goleta, CA 93116 or email me by June 10th.

Do you want to be the GVCC secretary, a co-newsletter editor, or chair the 2005 People Powered Ride? Let me know if you can serve your club.

June gets busy for us all. Don't forget the 23rd Annual Bike Trek for Life and Breath, scheduled for June 18-20. Riders can opt for a Saturday ride only or a three-day ride through the Santa Ynez Valley. This is for the American Lung Association of Santa Barbara and Ventura Counties. If you want to participate call Donna Pearson-Beal at 963-1426 or email **donna@lungsbvc.org** today. GVCC members can volunteer as ride leaders and join the fun..

I hope to see you on June 13th at Tucker's Grove.

~ **Kathleen Boehm, 687-6218,**
kboehm@silcom.com

LEAGUE OF AMERICAN BICYCLISTS ADVOCATING FOR US

LAB created public service TV announcements to run during May, National Bike Month.

During the March National Bike Summit LAB representatives met with over 350 Congressional members to urge reauthorization of the federal transportation bill by:

***Strengthening and protecting** Enhancements, CMAQ, Recreational Trails, and existing programs;

***Fully funding** a National Safe Routes to School Program;

***Increasing Safety Funding** for Bicycling and Walking Projects;

***Including** the bicycle Commuter Act

***Creating** Complete Streets.

Find out more by visiting www.bikeleague.org or www.americabikes.org.

Indiana Bike Fest 2004, the National Rally of Cyclists, September 3-6, Jasper, Indiana

Indiana bicycle Coalition and LAB sponsor a weekend of cycling in southern Indiana. Based in gorgeous DuBois County, this Labor Day weekend event includes road and mountain biking through rural roads and trails of the most beautiful area of the state. Nightly entertainment, daily workshops, touring opportunities, an ice cream social, and the LAB Annual Town Meeting are all part of the fest. Registration which includes some meals starts at \$60. Information available from the Indiana Bicycle Coalition at (800)BIKE110 or www.bicycleindiana.org.

Happy June birthday to...

Art Gossard
Winifred Oakley
Beverly Ching

And a hearty welcome to new member...

Don Bushnell

PHOTO CONTEST

Refurbish the GVCC web page and win a copy of Bob Roll's *Tour de France Companion*. Send your photos of GVCC riders electronically to gbike@impulse.net or mail to GVCC attn: Photos, PO Box 1547, Goleta, CA 93116. You can also bring prints to the annual meeting on June 13th. Act today as we will choose the winner at the annual meeting. All submissions will brighten the GVCC photo gallery at goletabike.org. We are looking forward to those treasures from your photo albums.

CONGRATULATIONS TO TWO ENDURANCE CYCLISTS

Gail Lowenstine completed her long time goal of riding across every state in the USA. Gail and Wilson made it through Florida, Georgia, and South Carolina on their vacation last month. Unfortunately, Gail got taken out by a cell phone wielding truck driver on a state highway in South Carolina. Gutsy as she is, she finished the ride across the state with injuries and bike damage. The state police were not interested in filing a collision report with the license plate information after the driver refused to give his driver's license or identification to Wilson and Gail.

Rosie Thompson won her age category and bested the two younger age categories in the MTB race on April 25th. (See her article Pg 5.) On May 12th she was badly injured when a motorized scooter rider blocked the Nueces bridge while doing wheelies. Rosie suffered a broken collar bone, ribs and a lacerated liver. Her bike was not looking so well either. Sadly, Rosie had to spend her birthday in the hospital. The at-fault scooter operator refused to give his identification. So if anyone has an idea who this young man is, please contact Kathleen at 687-6218 or call the Sheriff at 681-4100. We wish Rosie well and that she may enjoy the upcoming Italy trip even though biking will not be as planned.

FOR SALE: Litespeed "Classic" - 52cm, Shimano Dura Ace, Rolf wheels, carbon fork. Low mileage & excellent condition. Asking \$2300. Call Bill or Nancy at 965-5392 for more info.

If GVCC members have items for sale contact at 687-6218 or jdawson@silcom.com for ad submission.

The South Coast Breeze is a monthly publication of the Goteta Valley Cycling Club. Officers & contacts are:

President	Kathleen Boehm	687-6218
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VicePres./RideCoordinator	Doris Phinney	968-3143
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Webmaster	David Lawson	967-2081
Bike Path Clean Up	Rosie Thompson	964-2339
	rosie@nbdca.net	

GVCC Jerseys for Sale

A very limited number of the 'new' club jerseys - 3 dolphins on blue, yellow & green background - are available (no L, XL or XXL). They can be obtained from Nancy Hull; please call ahead to arrange a time (965-5392). The cost is \$55. If you choose to have a jersey mailed, mail a \$60 check, payable to GVCC, to Nancy Hull at 963 Fellowship Ln, Santa Barbara, CA 93109; make sure you specify the size.

Bike Hazards

Call these folks to report the broken glass, potholes, downed tree limbs, discarded mattresses, illegally parked cars & other obstacles to safe cycling.

City of Buellton.	688-5177
City of Carpinteria	684-5405 x411 or 405
City of Lompoc	736-1261 x524 or 526
City of Sta. Barbara, Streets	564-5413
City of Sta. Barbara, Potholes	897-2513
City of Santa Maria	925-0951 x221
City of Solvang	688-7529
Un-incorporated SB County	
debris and foliage	681-5696
general road/bikeway suggestions	568-3046
State Hwy System, Caltrans	
(eg Hwy 246, 1, 154,etc)	568-1261

Thank You to Our GVCC Sponsors! Please support these Jersey & Member Sponsors; they help support our club!

ARGUELLES, JOHN C - DDS	681-4848
38 S. LaCumbre Rd. Santa Barbara	
BICYCLE BOB'S	682-4699
15 Hitchcock Way, Santa Barbara 93101	
BIG GEAR BIKE GEAR	962-5962
324 State St., Santa Barbara 93101	
BIKESMITHS	684-3150
5441B Carpinteria Ave, Carpinteria 93013	
FERREL'S CHIROPRACTIC	963-3232
533 E. Micheltorena, Ste. 200, Santa Barbara 93103	
FRANK SCHIPPER CONSTRUCTION	963-4359
610 E Cota, Santa Barbara	
KEMP CHIROPRACTIC CLINIC.	966-3344
809 Chapala, Santa Barbara 93101	
MC FARLAND, BOB - ATTORNEY	687-6198
2600 De La Vina #F, Santa Barbara 93101	
STATE & A BAR & GRILL	966-1010
1201 State St, Santa Barbara 93101	
TRUEX, DON - DDS, MAGD	967-8300
6134 Calte Real Ste A, Goleta 93117	

Member Sponsorships, which are \$50 biannually, guarantee your listing every month in The Breeze, as well as regular membership in GVCC. The price of biannual Jersey Sponsorships, which provide you with Member Sponsor benefits as well as a place on our jersey, varies according to placement of your logo on the GVCC jersey; they will be available when the club places its next jersey order. For more information, please contact Nancy Hull at 965-5392 or Hull@sbcc.net.

Your GVCC membership provides you with discounts for non-sale items at the following bike shops:

15% off parts & accessories at:	
Open Air Bicycles, 224 Chapala,	962-7000
10% off parts & accessories at:	
Bicycle Bob's, 15 Hitchcock Way,	682-4699
Bicycle Bob's, 250 Storke Rd,	685-6799
Bicycles LTD, 155 N Fairview,	964-4913
Big Gear Bike Gear, 324 State,	962-5962
Hazards Cycle Sport, 735 Chapala,	966-3787
I.V. Bike Boutique, 880 EmbarcaderoDelMar,	968-3338
Rincon Cycles, 5100 Carpinteria Ave,	684-9466
Velo Pro Cyclery, 633 State St.,	963-7775
Velo Pro Cyclery, 5887 Hollister Ave.,	964-8355
Velo Santa Barbara, next to RoCo on State St,	884-0917

MEETING MINUTES FROM TAFFY'S ON MAY 11

May Calendar –

The May 1st Wine Ride led by Bob Zimels was poorly attended due to no shows of those who signed up. As usual, there was a fine tasting of premium wines.

June Calendar-

It was decided an email goes out when the bicycle path clean-up is scheduled early in the month. Last month only Rosie Thompson and Don Jeske showed up to clean. Kudos for their work were given. The Great Western Bicycle Rally programs were reviewed for those who had not previously attended. Of note are the upcoming Ojai and Windmill Centuries.

Financial Report-

The treasurer's report was submitted.

Mail-

No action was needed. Materials were scanned by those attending.

Nomination Committee –

Doris Phinney agreed to run for President. Jared Dawson is resigning as Secretary and will continue as Breeze editor. Kathleen Boehm still needs to confirm which offices will need candidates for the annual election.

PPR -

The flyer is available. About 500 were taken at the Wildflower. Doris Phinney has registered with Active.com and flyer can be downloaded from goletabike.org. Connie Styrwoll is lining up the food stop volunteers. Don Jeske is willing to work with Pete Nicklin on staging the sags. Any member attending an event is welcome to contact Kathleen for a supply of flyers to distribute. Doris and Owen Patmore will distribute flyers at the Great Western.

The caps and patches have been ordered. Kathleen has not heard back from T.Y. Customs design about the appropriate size of the patch to fit the cap. It was decided a 2" radius would be best.

Old Business-

GVCC has not been sent any proposals for funding requests.

New Business-

A request to change the photo on the GVCC website was approved. A photo contest will be announced and the winning photo will be on the site and others will be submitted to update the photo gallery.

Next Meeting-

The pre-ride for the annual meeting is on Sunday, June 13 at Tuckers Grove will be led by Doris and Owen. As no one volunteered to do the bar-b-que Kathleen was authorized to find a caterer.

Firestone Walker MTB Race

I opted for a new biking experience this year and entered the Firestone Walker MTB Race on 25 April. This event is held at the same Firestone Meadow where GVCC puts on its PPR. The XC course is challenging (1,300 feet of climbing in 12 miles and many narrow, BUMPY cow paths) but not technical – which was good as I had done almost no dirt riding in the past year. Entrants are allowed to pre-ride the course on Friday and Saturday before the race on Sunday, so I did the pre-ride on Saturday in the sweltering heat (because I didn't get up in time for an early ride) to check out what I was in for. After arriving about 7 AM on Sunday, stretching, and warming up, the call came for beginner women to line up. More women than I had expected were entered in the beginner classes that are divided into 10-year age intervals, and we all started at the same time. The race was fun, particularly passing some of the women and even a few men who started 2 minutes before we did! No other women were entered in my age group, so I came in first and last. (Could it be that I am the only one foolish to be racing at my age?) This event is well organized with lots of encouragement for everyone. I highly recommend this race for anyone who would like to try MTB racing. **-Rosie Thompson**

YOU ASKED FOR IT

For those who asked for mid-week rides, **Dave Farber** provides the following:

The Goleta Valley Cycling Club has begun a Wednesday morning social ride. New club member David Farber, who recently moved from Santa Cruz to Santa Barbara, is leading this ride. It is patterned after a very successful weekly Tuesday ride that the Santa Cruz County Cycling Club runs, which attracts 15 to 30 riders each week.

The ride starts each Wednesday morning at 10am from the Bird Refuge parking lot, with a different route each week. (Alternate starting points may be used in the future.) The pace is leisurely, with regrouping as necessary. There will also be a lunch/snack/coffee stop along the way. The distance and ride route will vary each week, but will generally be 20 to 40 miles. Shorter options can be accommodated, and detailed route directions are available at the start of the ride.

This can be a great middle-of-the-week ride for those of you who are retired, have flexible schedules, or just want to take a day off from work.

Call or e-mail David Farber (687-2451, davefarber@mindspring.com) for more information. Suggestions for ride routes and/or good places to eat are definitely encouraged.

Note that there will be no ride on Wednesday, June 2, but it will resume on Wednesday, June 9.

For those who want to just ride without stopping for eats and conversation, join **Wendy Manning** on her spontaneous sprints. You may get on Wendy's email list by contacting her at wenders432@cs.com.

Want to get off road? Check out Wendy's Sunday Mountain Bike rides listed on the Calendar section.

Trail Riders are getting together Monday evenings at 6PM at Cannon Green and Phelps Road to ride the Ellwood Mesa. Enjoy the longer days with off road riders.

Events coming up:

Ojai Valley Century June 12, 2004
<http://www.ojaivalleycentury.com/>
(805)640-0944

23rd Bike Trek for Life & Breath June 18-20, 2004
<http://www.californialung.org/>
(805)963-1426

GRAND TOUR 2004 — SATURDAY, JUNE 26, 2004

The Los Angeles Wheelmen present their fully supported GRAND TOUR: CenturyPlus Challenge, Double Century, Triple Century, and QuadrupleCentury. All rides start in Malibu and head north, through multiple food/water/support stops, to Moorpark for the CenturyPlus, Ojai for the Double Century, and Gaviota Beach for the Triple and Quadruple Centuries. The rides cover the very best of Southern California's scenic coastline, farmland, and ranches, with minimal city traffic. The new Start/Finish location in Malibu has food, entertainment, and an ocean view, and the Chairman always has a surprise up his sleeve, so don't forget to check in at the end! REGISTRATION IS NOW OPEN. See all the details at web page: <http://www.LAWheelmen.org>

Click our web page link to Active.com to sign up immediately on line, or print out the registration form from the LAW page and mail it in.

QUESTIONS? ADDITIONAL INFO:

LAWGT@aol.com or (310) 367-0458 mjgrove@socal.com or (310) 556-7967

Windmill Century, July 17th, 2004

Tailwinds Bicycle Club is a nonprofit with Windmill Century proceeds going to bicycles and gear for children who need them and charitable organizations. This is a cool coastal cruise through vineyards, scenic canyons, and rangelands with moderately challenging hills. See the twin windmills the ride is famous for, usually returning with a tailwind. \$35 for a numbered bib, decorative patch, strong SAG all the way, delicious all-you-can-eat Santa Maria Style top sirloin or chicken BBQ dinner, rest stops, lunch, route markings & maps. Registration 6:30-8:30am. T-shirt \$15. Go to Windmill website <http://www.bbcnet.com/tailwinds/WindMill/windmill.htm>.

Contact Tailwinds Bicycle Club, 805-922-4864, PO Box 48, Santa Maria CA 93456, e-mail santamariatailwinds@hotmail.com. The Windmill start and finish is Los Alamos County Park surrounded by mountains. The Windmill century and metric routes go over Alisos Canyon, past the twin windmills, the rides namesake, to the Santa Maria Valley, stopping for lunch at Pioneer Park. The Metric route then follows Hwy. 135

on its return to Los Alamos. The Century route leaves Pioneer Park, tours West Santa Maria Valley and heads for Casmalia hills for a 1-mile 6% climb, a 3-mile descent, then a refreshing rest stop. On returning to Santa Maria Valley, the century rejoins the metric route. Usually both rides head back with a moderate tailwind. While any weather conditions may occur, temperatures average 73 Degrees F.