

The Breeze



The Newsletter of the Goleta Valley Cycling Club

po box 1547 goleta ca 93116

www.goletabike.org

JANUARY 2005

Come out and ride with us!

*We are a non-profit recreational association committed to promoting health, fitness, and safety through bicycling.
For all levels!*

HAPPY NEW YEAR 2005

MAY YOU BE SAFE AND JOYOUS SPINNING YOUR WHEELS

Bicycle Spoken Here

GVCC President: **Doris Phinney,**
968-3143, cyclebug@aol.com

*Doris (with Connie at right) at one of her former
West Side homes.*

In lieu of a President's column this month, here is a description of a great ride that we shared with Doris and the places that she has lived in the area, as described by our roving photojournalist, David Lawson: (—editor)



Today eight of us Goleta Valley Cycling Club members were led by our club president Doris on a nostalgic ride past a number of the Santa Barbara dwellings she's called home over the decades. Pedaling around town we would stop in front of some of her various former abodes, while Doris would recount stories, beginning with her early childhood exploits (eg. shagging tennis balls behind the Four Seasons Biltmore's courts in Montecito), through her own children's experiences when she became a parent, and into the present out here in Goleta where she currently resides with husband Owen. Had we more time, she would have led us out to a Summerland place from the past and if we'd had all day, she would have led us down to Ventura where she was born.

I think that this is a great theme for a club ride, let's hear from others who have been around the block with their abodes (locally, please) at least once or twice!

(—editor)

DECEMBER MEETING MINUTES...

Thanks to Robert Rainwater and his wife Brigitte for providing the community room at their residence, decorating it and baking us all a turkey for the GVCC festive holiday party on December 12th. The members enjoyed the wonderful contributions made by all. We were particularly grateful for Stu Haney's presence showing no sign of slowing down.

We held a meeting with the usual good news financial report from our stalwart Treasurer Cheryl Everett. The People Powered Ride final expenses have been paid out and the end result in on the plus side. We will be able to fund bicycling causes again this year.

Hildy Hoffmann circulated the ride calendar. The January meeting will be 8:30 AM, January 15th at Jared and Kathleen's, 945 N. Hope.

John Berberet reminded everyone that he and Stephanie are now the hosts for the monthly bike path clean-up. See the calendar for details. The concept of giving a prize or lunch to those who show up to clean the bike path was approved.

Lori Haney and Connie Styrwoll will again plan the Choo-Choo Century set for March 12. The flyer for signing up details is on Page 9.

Lori also would like members to keep in mind that Labor Day is the time for GVCC to get out on the all terrain bikes and ride Mammoth Mt. Look for upcoming details in the Breeze.

We miss our member Bob McFarland who is no longer able to ride due to his long battle with cancer. We sent him our greetings via a holiday card.

All agreed the location of the party was ideal and we would be glad to plan future events there.

JANUARY MEETING INVITATION...

Kathleen Boehm and Jared Dawson invite you to the January 2005 meeting at their home on January 15th, at 8:30 in the morning. Bagels, juice, and coffee will be served along with the usual bon mots from the motley crew. We will then ride around Goleta unless it is raining in which case we will drink more hot chocolate. Their address is 945 N Hope Ave, last house on the Goleta or west side as you head up toward the mountains. Call 687-6218 for more info.

THE RUMOR MILL SPINS ON...

The word on the street has it that Frank and Lynn Breckenridge will be riding their tandem in the Tour de Palm Springs on February 5th. Check out ride details at <http://www.tourdepalmsprings.com>. And of course, what would be the rumor mill without at least a mention of January being the official Lance Armstrong watch month for you lucky cyclists who manage to be cycling fast enough to recognize the blur as they go by in their new Discovery jerseys. Tell us of your sightings and we will report in the Feb Breeze. Happy riding!

HAPPY JANUARY BIRTHDAY TO...

Andy Barrad
John Berberet
Don Bushnell
Gerry Ching
Lillian Donor
Howard Howe
Anna Kammer
Andy Knevel

If GVCC members have items for sale phone 687-6218 or jdawson@silcom.com for ad submission.

For Sale: Adams Trail-A-Bike, excellent condition, a year old but hardly used because I got a tandem to ride with my grandchildren. New price was \$200, asking \$125. Call Doris at 968-3143 or email cyclebug@aol.com.

FROM OUR MAIL BOX...

BIG VICTORY IN NYC FOR CENTRAL PARK CYCLISTS

Transportation Alternatives and thousands of Central Park users rejoiced last week when the Mayor took a historic step towards returning Central Park's Loop Drive to a safe and healthy place to play, exercise and escape. Responding to increasing public pressure, the Departments of Transportation and Parks & Recreation announced that cars will only be allowed in the park 7 to 10 am and 3 to 7 pm and that five entrances will be permanently closed to cars. In addition, the City reduced the speed limit on park drives to 25 mph. Congratulations to Transportation Alternatives and other advocates of a car-free Central Park. You're getting there. —from *the Bike League News*

LIGHTING THE WAY FOR KIDS

The **Santa Barbara Bicycle Coalition** is giving red flashing safety lights to kids who bicycle to school. In the week before the holiday break, lights were passed out to students at Monte Vista, Washington, Hollister, Mountain View, and Vieja Valley Elementary schools. Other South Coast schools are being targeted in early 2005.

Over 300 of the lights were purchased with a donation from the **Goleta Valley Cycling Club**, a recreational bicycling club. We're grateful to the club members for their outstanding gift to children in our community, said **Bicycle Coalition President Ralph Fertig**. The lights have five different pattern modes that kids love, so they are more likely to use them for safer bicycling.

Participating in the program so far are Dru van Hengel, Nancy Mulholland, Drew Hunter, Judy Keim, Jean Thomson, Janet Rowse, Debbie Castanha, Ralph Fertig, Jessica Scheeter and Lisa Fleischauer.

Passing out safety lights at Mountain View Elementary School. From the left, Drew Hunter, Emily Thomson, Allie Frankel, Evan Thomson, and Jean Thomson who biked with her two children and Allie to the school.



The South Coast Breeze is a monthly publication of the Goteta Valley Cycling Club. Officers & contacts are:

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GVCC Jerseys for Sale

The club is waiting for a minimum order to make up new jerseys in your size. Thus far we have only 3 requests. If you have not previously requested a jersey and wish to do so, contact Kathleen @ 687-6218 or kboehm@silcom.com. A very limited number of the club jerseys - 3 dolphins on blue, yellow & green background - are available (no L, XL or XXL). They can be obtained from Nancy Hull; please call ahead to arrange a time (965-5392). The cost is \$55. If you choose to have a jersey mailed, mail a \$60 check, payable to GVCC, to Nancy Hull at 963 Fellowship Ln, Santa Barbara, CA 93109; make sure you specify the size.

Bike Hazards

Call these folks to report the broken glass, potholes, downed tree limbs, discarded mattresses, illegally parked cars & other obstacles to safe cycling.

City of Buellton.	688-5177
City of Carpinteria	684-5405 x411 or 405
City of Lompoc	736-1261 x524 or 526
City of Sta. Barbara, Streets	564-5413
City of Sta. Barbara, Potholes	897-2513
City of Goleta	961-7500
City of Santa Maria	925-0951 x221
City of Solvang	688-7529
Un-incorporated SB County	
debris and foliage	681-5696
general road/bikeway suggestions	568-3046
State Hwy System, Caltrans	
(eg Hwy 246, 1, 154,etc)	568-1261

Thank You to Our GVCC Sponsors! Please support these Jersey & Member Sponsors; they help support our club!

ARGUELLES, JOHN C - DDS	681-4848
38 S. LaCumbre Rd. Santa Barbara	
BICYCLE BOB'S	682-4699
15 Hitchcock Way, Santa Barbara 93101	
BIG GEAR BIKE GEAR	962-5962
324 State St., Santa Barbara 93101	
BIKESMITHS	684-3150
5441B Carpinteria Ave, Carpinteria 93013	
FERREL'S CHIROPRACTIC	963-3232
533 E. Micheltorena, Ste. 200, Santa Barbara 93103	
FRANK SCHIPPER CONSTRUCTION	963-4359
610 E Cota, Santa Barbara	
KEMP CHIROPRACTIC CLINIC.	966-3344
809 Chapala, Santa Barbara 93101	
MC FARLAND, BOB - ATTORNEY	687-6198
2600 De La Vina #F, Santa Barbara 93101	
STATE & A BAR & GRILL	966-1010
1201 State St, Santa Barbara 93101	
TRUEX, DON - DDS, MAGD	967-8300
6134 Calte Real Ste A, Goleta 93117	

Member Sponsorships, which are \$50 biannually, guarantee your listing every month in The Breeze, as well as regular membership in GVCC. The price of biannual Jersey Sponsorships, which provide you with Member Sponsor benefits as well as a place on our jersey, varies according to placement of your logo on the GVCC jersey; they will be available when the club places its next jersey order. For more information, please contact Nancy Hull at 965-5392 or Hull@sbcc.net.

Your GVCC membership provides you with discounts for non-sale items at the following bike shops:

15% off parts & accessories at:
Open Air Bicycles, 224 Chapala, 962-7000

10% off parts & accessories at:
Bicycle Bob's, 15 Hitchcock Way, 682-4699
Bicycle Bob's, 250 Storke Rd, 685-6799
Big Gear Bike Gear, 324 State, 962-5962
Hazards Cycle Sport, 735 Chapala, 966-3787
I.V. Bike Boutique, 880 EmbarcaderoDelMar, 968-3338
Rincon Cycles, 5100 Carpinteria Ave, 684-9466
Velo Pro Cyclery, 633 State St., 963-7775
Velo Pro Cyclery, 5887 Hollister Ave., 964-8355
Velo Santa Barbara, next to RoCo on State St, 884-0917

INVITATIONS TO A COUPLE OF LONGER RIDES OUT OF TOWN....

RAGBRAI XXXIII

Let's ride across Iowa with thousands of other people this summer. Why? Because you'll have a very memorable, fun time, with great people. A few of us have done it before and are looking forward to another RAGBRAI experience. Since RAGBRAI participants are chosen by lottery, we have decided to do a "group registration"; if one of us gets in, everyone in our group gets in.

- When: July 24 – 30, 2005
- Where: western border of Iowa to eastern border, route to be announced 1/29/05
- Cost: \$110 per rider, \$35 for non-rider (3 vehicles per group allowed @ \$30/per vehicle)
- For more information, please check out the RAGBRAI website: <http://www.ragbrai.org>
- You can fly to Des Moines, Iowa and take one of many charters to and from the beginning and end of the ride.
- For those without Bike Fridays, they have quite the system set up for UPS (not sure about large bike cases; I'll look into that.)

In order to be part of our group, I will need to have a check from you (made out to Connie Styrwoll) by February 25, 2005. Registration is currently open and closes on April 1, 2005. We don't want to wait until the last minute to register. Please don't register on-line and then try and register with our group – you will be disqualified. You must do one or the other. Lottery results will be announced May 1, 2005.

If you have questions or haven't already told me that you want to do RAGBRAI with us (we need a group name, by the way), you can contact me at CLStyrwoll@aol.com. or (805) 962-4307. Happy cycling!



THE CHOO CHOO CENTURY

March 12-13, 2005



Ride AMTRAK to San Luis Obispo. Pedal back to Santa Barbara.

\$85 per person, includes the following:
Train ride from Santa Barbara to San Luis Obispo
Hotel Saturday night in Pismo Beach (double occupancy)
Light snacks around 6 p.m.
Sag truck to carry bikes and luggage to SLO and back

Train leaves Santa Barbara on Saturday, March 12th, at 12:30 p.m. Arriving in SLO around 3:30 p.m., peddle 11 miles to Pismo Beach. Stay overnight, ride home on Sunday. Dinner will on your own; however, light snacks will be available at the hotel around 6 p.m. **SAG will not be available during the day or waiting in Buellton for those not wanting to ride all the way to Santa Barbara.**

Goleta Valley Cycle Club members only.

Deadline is Saturday, February 5th
(no cancellations)

Call: Lori at 964-5822 or e-mail lhhaney@cox.net,
Connie at 962-4307 or e-mail clstyrwoll@aol.com

Space will not be reserved without payment.

The Choo Choo Century - 2005

Name(s) _____

E-mail _____

AAA Member? ____ If so, #: _____

Preferred roommate _____

Detach and mail with \$85.00 check payable to Lori Haney
Lori Haney
6219 Avenida Gorrion
Goleta, Ca 93117