

The Breeze



The Newsletter of the Goleta Valley Cycling Club

po box 1547 goleta ca 93116

www.goletabike.org

February 2007

☞ Bicycle Spoken Here ☞

GVCC President: Doris Phinney, 968-3143,
cyclebug@aol.com

JACK CARTER MEMORIAL RIDE REPORT:

Owen and I went to Tucker's Grove to see who might show up early New Year's Day to ride up Old San Marcos, continuing up Painted Cave to Camino Cielo then east to Gibraltar and down. It turns out that there were only two hearty souls, David (Farber) and Steve. Steve was on a road bike and David was on his mountain bike with flat pedals and wearing tennis shoes. Although he had never been up Painted Cave, David was certain that he wouldn't have a problem. I asked him to give me a ride report.

Hi Doris. It was beautiful up at the top of Camino Cielo. As I said, I did make it up on my flat pedals on my mountain bike without using the granny gear. In fact, I didn't even have the back gear in the easiest setting. Most of the way up, I was in the middle gear in the front, and the second to fourth easiest in the back. I really liked the Painted Cave portion of the ride... Happy new year!

David, Thanks for letting me know that I made the right choice to ride with Owen delivering *The Breeze* instead of you and Steve. You're an animal!

2007 Means 7000 Miles: For 2006 Owen and I set a goal of 6000 miles; at the end of the year we had surpassed that goal. Owen rode 6867 miles and I completed 6413. So far we're on track for January. I'd like to hear from GVCC members who have set mileage goals for 2007 and also what mileage you rode in 2006.

PPR 2007 Planning: Dave James and Don

Jeske are first to volunteer. Thank you. Dave has signed up to take charge of marking the course, a job he's done for many PPR routes. Don will again coordinate the sag wagons and mechanics. Please contact me if you would like to help with PPR.

We need a theme for PPR 2007. Please contact me if you have any theme ideas or any suggestions for improving our ride.

GVCC HOLIDAY PARTY: We ate lots of food and enjoyed the company of fellow bicyclists. Thank you Brigitte and Robert for arranging the use of the recreation room.

GVCC Website www.goletabike.org: Be sure to check the events calendar on the web for the latest ride information. Sometimes rides are changed so please check the website or call the ride leader to confirm the ride.

For all the latest in photos and information, check the website. Don't forget that if you have a good GVCC cycling photo, get it to Robert Rainwater, gbike@impulse.net.

For Sale:

Specialized Allez Elite Road Bike – 58CM
Purchased New Winter 2005 , Low Miles, Great Condition
Shimano 105 Component Group
Columbus SLX Aluminum Frame with Carbon Fork
Must Sell: \$675
Contact Paul 680-0741, paul@pdonohoe.com



HAPPY FEBRUARY BIRTHDAYS TO...

Steve Kiehn
David Lawson
Wendy Manning
Lorna Owens
Chuck Talmadge
Jan West

NEW MEMBERS THIS MONTH

Jere & Kimberly Short

****Members just a reminder:** if you change your e-mail or other personal mailing info please contact Lori Haney at lhhaney@cox.net. You wouldn't want to miss out on anything**

Meeting Minutes: Doris called the quick meeting to order on January 7, 2007 during the Holiday Party at the Encina Meadows Rec Hall. After a welcome and brief mention of the mail, it was announced that the next meeting would be held after a 10 am Bike Path cleanup on Feb 3rd. Doris thanked Brigitta and Robert for use of the Hall and reminded everyone that she had socks for sale. Members were encouraged to volunteer for the next PPR. A discussion and voting were done regarding the Bike Summit Conference in Washington DC. It was decided that the club would sponsor 2 members due to their varied volunteer efforts for improved biking conditions.

CLOTHING SALE: To order send an email to Doris (cyclebug@aol.com) or call 968-3143

PPR 2005 T shirts, Tour de Tango, \$5, sizes L, XL and 2XL.

PPR 2004 Caps, \$5, one size fits all.

GVCC Sox, \$8 member, \$10 non-members, sizes M L.

Club Jerseys: \$35 members only. Sizes XS, S and M

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If GVCC members have items for sale, please email Laura Newman at newman51@cox.net for ad submission. Also, please let her know when it's sold.



RIDE INFORMATION



Choo Choo Century Saturday, March 31st, at 12:30 p.m.

Lori Haney is again organizing the Choo Choo Century to San Luis Obispo and back. Take the train to SLO, stay overnight, ride home on Sunday to SB or make your own arrangements to stop along the way. See application below.

Sea Otter Classic Road Bike Tours Sunday, April 15, 2007 Century (100-mile) and 15-mile Options

Sea Otter Classic Road Bike Tours start at daybreak on Sunday, April 15, 2007. Choose from two ride options of different distances. The challenging century route will take you on the scenic back roads of the Monterey and Salinas Valley areas or the shorter option will take you throughout the closed roads of Fort Ord.

Included In Your Entry Fee

On either route, riders will enjoy well-appointed rest stops and SAG support, a hearty end-of-ride BBQ, entrance to a **fantastic bicycle consumer expo** and a raffle loaded with prizes. Top pro athletes and coaches will be riding along offering riding tips to all participants.

Register Online: www.seaotterclassic.com

Great Western Bicycle Rally

The 43rd Annual Great Western Bicycle Rally is **Memorial Day weekend, May 25-28th, 2007** at the San Luis Obispo Fairgrounds in the scenic setting of Paso Robles, CA.

The Rally is a large, friendly, family-oriented bike event extravaganza and affordable "mini vacation" dedicated to recreational cycling that transforms the Paso Robles fairgrounds and the surrounding countryside into a pedaler's paradise. Lots of activities included in the entry fee.

Cost: \$40/person or \$80/family

Camping: \$12/person/night or \$30/family/per night, showers included. Hotels: There are lots of hotels in the area, but book early!

Online registration:

www.greatwesternbicyclerally.com

Brochure request or questions: 1-866-909-4927

**THE CHOO CHOO CENTURY
March 31-April 1, 2007**



Ride AMTRAK to San Luis Obispo. Peddle back to Santa Barbara.

\$100 per person, includes the following:
Train ride from Santa Barbara to San Luis Obispo
(bring a picture ID and your AAA card to train station)
Hotel Saturday night in Pismo Beach (double occupancy)
Light snacks around 6 p.m.
Sag truck to carry bikes and luggage to SLO and back

Train leaves Santa Barbara on Saturday, March 31st, at 12:30 p.m. Arriving in SLO around 3:30 p.m., peddle 11 miles to Pismo Beach. Stay overnight, ride home on Sunday. Dinner will on your own; however, light snacks will be available at the hotel around 6 p.m. **SAG will not be available during the day or waiting in Buellton for those not wanting to ride all the way to Santa Barbara.**

Goleta Valley Cycle Club members only.

Deadline is Saturday, February 24th
(no cancellations)

Call: Lori at 964-5822 or e-mail lhhaney@cox.net,
Michele at 965-8907 or e-mail mdecant@ci.santa-barbara.ca.us

Space will not be reserved without payment.

The Choo Choo Century - 2007

Name(s) _____

E-mail _____

AAA Member? ____ If so, #: _____

Preferred roommate _____

Detach and mail with \$100.00 check payable to Lori Haney
Lori Haney
6219 Avenida Gorrion
Goleta, Ca 93117

The South Coast Breeze is a monthly publication of the Goteta Valley Cycling Club. Officers & contacts are:

President	Doris Phinney	968-3143
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Bike Path Clean Up		
John Berberet and Stephanie Stark		681-0048
	johnberberet@hotmail.com	

Bike Hazards

Call these folks to report the broken glass, potholes, downed tree limbs, discarded mattresses, illegally parked cars & other obstacles to safe cycling.

City of Buellton.		688-5177
City of Carpinteria	684-5405 x411 or 405	
City of Lompoc	736-1261 x524 or 526	
City of Sta. Barbara, Streets		564-5413
City of Sta. Barbara, Potholes		897-2513
City of Goleta		961-7500
City of Santa Maria		925-0951 x221
City of Solvang		688-7529
Un-incorporated SB County		
debris and foliage		681-5696
general road/bikeway suggestions		568-3046
State Hwy System, Caltrans		
(eg Hwy 246, 1, 154,etc)		568-1261

**Thank You to Our GVCC Sponsors!
Please support these Sponsors**

ARGUELLES, JOHN C - DDS	681-4848
38 S. LaCumbre Rd. Santa Barbara	
BANKERS PACIFIC MORTGAGE, INC.	681-6363
4141 State St.#E-13 Santa Barbara, CA 93110	
BICYCLE BOB'S	682-4699
15 Hitchcock Way, Santa Barbara 93101	
BIG GEAR BIKE GEAR	962-5962
324 State St., Santa Barbara 93101	
BIKESMITHS	684-3150
5441B Carpinteria Ave, Carpinteria 93013	
FERREL'S CHIROPRACTIC	963-3232
533 E. Micheltorena, Ste. 200, Santa Barbara 93103	
FRANK SCHIPPER CONSTRUCTION	963-4359
610 E Cota, Santa Barbara	
KEMP CHIROPRACTIC CLINIC.	966-3344
809 Chapala, Santa Barbara 93101	

MC FARLAND, BOB - ATTORNEY	687-6198
2600 De La Vina #F, Santa Barbara 93101	
STATE & A BAR & GRILL	966-1010
1201 State St, Santa Barbara 93101	
TRUEX, DON - DDS, MAGD	967-8300
6134 Calle Real Ste A, Goleta 93117	

Member Sponsorships, which are \$50 biannually, guarantee your listing every month in The Breeze, as well as regular membership in GVCC. The price of biannual Jersey Sponsorships, which provide you with Member Sponsor benefits as well as a place on our jersey, varies according to placement of your logo on the GVCC jersey; they will be available when the club places its next jersey order. For more information, please contact Doris Phinney at 968-3143 or email cyclebug@aol.com

Your GVCC membership provides you with discounts for non-sale items at the following bike shops:

15% off parts & accessories at:
Open Air Bicycles, 224 Chapala, 962-7000

10% off parts & accessories at:
Bicycle Bob's, 15 Hitchcock Way, 682-4699
Bicycle Bob's, 250 Storke Rd, 685-6799
Big Gear Bike Gear, 324 State 962-5962
Hazards Cycle Sport, 735 Chapala, 966-3787
I.V. Bike Boutique, 880 EmbarcaderoDelMar, 968-3338
Rincon Cycles, 5100 Carpinteria Ave, 684-9466
Velo Pro Cyclery, 633 State St., 963-7775
Velo Pro Cyclery, 5887 Hollister Ave., 964-8355
Velo Santa Barbara, next to RoCo on State St, 884-0917

GVCC Jerseys for Sale

The club is waiting for more orders to make up new jerseys. A very limited number of the club jerseys - 3 dolphins on blue, yellow & green background - are available (no L, XL or XXL). They can be obtained from Doris Phinney; please call ahead to arrange a time (968-3143). The cost is \$55. If you choose to have a jersey mailed, mail a \$60 check, payable to GVCC, to Doris Phinney 223 Saratoga Ct, Goleta CA 93117; make sure you specify the size.

If you are no longer using a club jersey there may be someone else who would be happy to buy it. Why not post it for sale in the Breeze? Contact Laura Newman at 687-2588 or lnewman51@cox.net

Goleta Valley Cycling Club Membership Application

The Goleta Valley Cycling Club (GVCC) is a recreational and sport touring association committed to promoting safety, health, and fitness through the shared social activity of bicycling. Furthermore, the members acknowledge a responsibility to share our sport, our experience, and our aforesaid commitment as a group with the larger community in which we live. The GVCC endorses bicycling advocacy and maintains membership in: The League of American Bicyclists (the LAB), California Association of Bicycle Organizations, The Bicycle Ride Directors Association of America, and The Santa Barbara Bicycle Coalition. All GVCC members receive "The Breeze" monthly newsletter, which includes the ride schedule. Most local bicycle shops and athletic apparel specialists extend discounts to GVCC members. All members are encouraged to participate regularly in club activities; ANSI-SNELL approved bicycle helmets are required on all club rides.

Release and Waiver of Liability, Assumption of Risk, and Indemnity and Parental Consent Agreement ("Agreement")
In Consideration of being permitted to participate in any way in Goleta Valley Cycling Club sponsored Bicycling Activities ("Activity") I, for myself, my personal representatives, assigns heirs, and next of kin:

1. Acknowledge, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis, and death ("risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the "releasees" named below; (c) these may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation or that of the minor in the Activity.

3. Hereby release, discharge, and covenant not to sue the Club, the LAB, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "releasees" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fee, loss, liability, damage or cost which any may incur as the result of such claim. I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Name _____ New Member _____ or Renewal _____

Address: _____
(number & street) (city & state) (zip)

Home Phone _____ Work _____
Email _____

Are you a member of the League of American Bicyclists? _____ # _____ Birthdate (op.) _____

I certify that I am over 18 years of age. (If under 18 years of age, a separate release form must be obtained, signed by parent or guardian and submitted with this application.)

Signature _____ Date _____

_____ 1-Year Membership \$15.00 OR _____ 2-Year Membership \$25 (check one).
Make checks payable to GVCC & mail to P.O. Box 1547, Goleta, CA 93116-1547.

A Membership Card must be requested otherwise you won't receive one.