

The Breeze



The Newsletter of the Goleta Valley Cycling Club

po box 1547 goleta ca 93116

www.goletabike.org

December 2006

☞ Bicycle Spoken Here ☞

GVCC President: Doris Phinney, 968-3143,
cyclebug@aol.com

GVCC HOLIDAY PARTY coming in January.
Check the calendar for more information.

PEOPLE POWERED RIDE, Once upon a time on a bicycle...

It's over! Thank you to our faithful volunteers who every year donate their time to make PPR a success. Last month I listed volunteers by name and forgot two very important people, Brigitta Van der Ray and Robert Rainwater. These two are responsible for coming up with the theme, the patch design and order, the flyers as well as posting on our website all the forms, information and link to active.com.

PPR 2007 Planning: Now's the time to put your creative genius to work and suggest a theme for next year's PPR. It's not too early to think about volunteering for one of the main jobs. Please contact me if you have any ideas for a theme and any suggestions for improving our ride.

Don't forget to join me on Saturday, December 2, for a test ride of a portion of a new route for PPR. Our goal is to simplify the rest stops, eliminate so many crossings of Highway 154 and eliminate Drum Canyon due to the poor road surface.

GVCC Website: For all the latest in photos and information go to www.goletabike.org. Don't forget that if you have a good GVCC cycling photo, get it to Robert Rainwater, gbike@impulse.net.

From *The Quotable Cyclist*, Bill Strickland, Editor

"When I'm on my bike I forget about things like age. I just have fun."

--Kathy Sessler

"Death may have no master, but the bicycle is, most emphatically, not its slave."

--James E. Starrs

"Bike riding as little as three miles a day will improve your sex life."

--Dr. Franco Antonini

🚲 RIDE INFORMATION 🚲

2007 WELLS FARGO STAGECOACH CENTURY, Saturday, January 13, 2007, in Ocotillo, CA. You may register on active.com. For more information and to download a registration form: go to <http://www.shadowtour.com>.

HOLIDAY PARTY SCHEDULED

We've decided to have the Holiday Party on January 7, in the rec room at Robert and Brigitta's apartment complex. More information will follow in the January 2007 Breeze



HAPPY DECEMBER BIRTHDAYS TO...

- Frank Breckenridge**
- Lynn Breckenridge**
- David Farber**
- Molly Olney Zide**
- Josh Olney Zide**
- Mike Owens**
- Manny Velasquez**

NO NEW MEMBERS THIS MONTH ☹️

Meeting Minutes: Some things never change and having a GVCC monthly meeting at a restaurant, Rusty's Pizza is always a good idea. We had quite a turnout for our November meeting, 13 by my count, and that's impressive. Doris called the meeting to order and announced that the 2007 PPR Preride will be rescheduled to Saturday, December 2 at 9:00am. Would you believe that it was drizzling in the valley on November 11. Hard to believe what with the Indian summer weather we've been having. We are considering changing our PPR route to eliminate crossing Rt 154 several times, eliminate Happy and Drum Canyons and consolidate rest stops. Still in its' infancy, our newly designed route will need some fine tuning but it is our hope to make a more rider and worker friendly course for all. More details will be forthcoming in later issues of "The Breeze".

Cheryl Everett reported a \$3,000 profit from this year's PPR. This is most impressive in that ridership was down somewhat but spirits were high.

Doris personally thanked Brigitta and Robert for their valuable help in formulating the patch and sox design and for keeping our website up-to-the minute which includes the listing of GVCC PPR apparel for the well dressed cyclist. Thanks folks!

Wilson Hubbell will be utilizing the entry we received for the upcoming Wells Fargo Stage Coach Century. Have a great ride, Wilson.

December is fast approaching and it was suggested to have our holiday party either on Sunday,

December 3 or 10 at Brigitta and Robert's Encina Meadows Recreation Hall in Goleta. They will secure a date for us. (*Post meeting note: this is now scheduled for Jan 7, 2007*)

Ralph Fertig, SB Bicycle Coalition, reported on the recent ballot defeat of Measure D and also on what's happening at UCSB campus with AS Bikes projects. Bob Zimels was delighted to report that the recent MS Ride (where our very own GVCC members were ride leaders) garnered over \$400,000 with 700 participating riders. Whow!

Meeting was adjourned at 7:35pm.

Respectfully submitted Hildy Hoffmann, Acting Cub Reporter

CLOTHING SALE: To order send an email to Doris (cyclebug@aol.com) or call 968-3143

PPR 2005 T shirts, Tour de Tango, \$5, sizes L, XL and 2XL.

PPR 2004 Caps, \$5, one size fits all.

GVCC Sox, \$8 member, \$10 non-members, sizes M & L.

Club Jerseys: \$35 members only. Sizes XS, S and M

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If GVCC members have items for sale, please email Laura Newman at lnewman51@cox.net for ad submission. *Also, please let her know when it's sold.*

The South Coast Breeze is a monthly publication of the Goteta Valley Cycling Club. Officers & contacts are:

President	Doris Phinney	968-3143
	cyclebug@aol.com	
VicePres./RideCoordinator	Hildy Hoffmann	964-0802
	cyclebelle199@cox.net	
Breeze Editor	Laura Newman	687-2588
	lnewman51@cox.net	
Treasurer	Cheryl Everett	967-8173
Breeze Distribution	Owen Patmor	968-3143
	cyclebug@aol.com	
Membership	Lori Haney	964-5822
	lhhaney@cox.net	
Webmaster	Robert Rainwater	
	gbike@impulse.net	
Bike Path Clean Up		
John Berberet and Stephanie Stark		681-0048
	johnberberet@hotmail.com	

Bike Hazards

Call these folks to report the broken glass, potholes, downed tree limbs, discarded mattresses, illegally parked cars & other obstacles to safe cycling.

City of Buellton.	688-5177
City of Carpinteria	684-5405 x411 or 405
City of Lompoc	736-1261 x524 or 526
City of Sta. Barbara, Streets	564-5413
City of Sta. Barbara, Potholes	897-2513
City of Goleta	961-7500
City of Santa Maria	925-0951 x221
City of Solvang	688-7529
Un-incorporated SB County	
debris and foliage	681-5696
general road/bikeway suggestions	568-3046
State Hwy System, Caltrans	
(eg Hwy 246, 1, 154,etc)	568-1261

Thank You to Our GVCC Sponsors! Please support these Sponsors

ARGUELLES, JOHN C - DDS	681-4848
38 S. LaCumbre Rd. Santa Barbara	
BANKERS PACIFIC MORTGAGE, INC.	681-6363
4141 State St.#E-13 Santa Barbara, CA 93110	
BICYCLE BOB'S	682-4699
15 Hitchcock Way, Santa Barbara 93101	
BIG GEAR BIKE GEAR	962-5962
324 State St., Santa Barbara 93101	
BIKESMITHS	684-3150
5441B Carpinteria Ave, Carpinteria 93013	
FERREL'S CHIROPRACTIC	963-3232
533 E. Micheltorena, Ste. 200, Santa Barbara 93103	
FRANK SCHIPPER CONSTRUCTION	963-4359
610 E Cota, Santa Barbara	
KEMP CHIROPRACTIC CLINIC.	966-3344
809 Chapala, Santa Barbara 93101	

MC FARLAND, BOB - ATTORNEY	687-6198
2600 De La Vina #F, Santa Barbara 93101	
STATE & A BAR & GRILL	966-1010
1201 State St, Santa Barbara 93101	
TRUEX, DON - DDS, MAGD	967-8300
6134 Calle Real Ste A, Goleta 93117	

Member Sponsorships, which are \$50 biannually, guarantee your listing every month in The Breeze, as well as regular membership in GVCC. The price of biannual Jersey Sponsorships, which provide you with Member Sponsor benefits as well as a place on our jersey, varies according to placement of your logo on the GVCC jersey; they will be available when the club places its next jersey order. For more information, please contact Doris Phinney at 968-3143 or email cyclebug@aol.com

Your GVCC membership provides you with discounts for non-sale items at the following bike shops:

15% off parts & accessories at:
Open Air Bicycles, 224 Chapala, 962-7000

10% off parts & accessories at:
Bicycle Bob's, 15 Hitchcock Way, 682-4699
Bicycle Bob's, 250 Storke Rd, 685-6799
Big Gear Bike Gear, 324 State 962-5962
Hazards Cycle Sport, 735 Chapala, 966-3787
I.V. Bike Boutique, 880 EmbarcaderoDelMar, 968-3338
Rincon Cycles, 5100 Carpinteria Ave, 684-9466
Velo Pro Cyclery, 633 State St., 963-7775
Velo Pro Cyclery, 5887 Hollister Ave., 964-8355
Velo Santa Barbara, next to RoCo on State St, 884-0917

GVCC Jerseys for Sale

The club is waiting for more orders to make up new jerseys. A very limited number of the club jerseys - 3 dolphins on blue, yellow & green background - are available (no L, XL or XXL). They can be obtained from Doris Phinney; please call ahead to arrange a time (968-3143). The cost is \$55. If you choose to have a jersey mailed, mail a \$60 check, payable to GVCC, to Doris Phinney 223 Saratoga Ct, Goleta CA 93117; make sure you specify the size.

If you are no longer using a club jersey there may be someone else who would be happy to buy it. Why not post it for sale in the Breeze? Contact Laura Newman at 687-2588 or lnewman51@cox.net

Goleta Valley Cycling Club Membership Application

The Goleta Valley Cycling Club (GVCC) is a recreational and sport touring association committed to promoting safety, health, and fitness through the shared social activity of bicycling. Furthermore, the members acknowledge a responsibility to share our sport, our experience, and our aforesaid commitment as a group with the larger community in which we live. The GVCC endorses bicycling advocacy and maintains membership in: The League of American Bicyclists (the LAB), California Association of Bicycle Organizations, The Bicycle Ride Directors Association of America, and The Santa Barbara Bicycle Coalition. All GVCC members receive "The Breeze" monthly newsletter, which includes the ride schedule. Most local bicycle shops and athletic apparel specialists extend discounts to GVCC members. All members are encouraged to participate regularly in club activities; ANSI-SNELL approved bicycle helmets are required on all club rides.

Release and Waiver of Liability, Assumption of Risk, and Indemnity and Parental Consent Agreement ("Agreement")
In Consideration of being permitted to participate in any way in Goleta Valley Cycling Club sponsored Bicycling Activities ("Activity") I, for myself, my personal representatives, assigns heirs, and next of kin:

1. Acknowledge, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in he Activity.

2. Fully Understand that: (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis, and death ("risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the "releasees" named below; (c) these may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation or that of the minor in the Activity.

3. Hereby release, discharge, and covenant not to sue the Club, the LAB, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and leasers of premises on which the Activity takes place, (each considered one of the "releasees" herein) from all liability, clams, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fee, loss, liability, damage or cost which any may incur as the result of such claim. I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Name _____ New Member _____ or Renewal _____

Address: _____
(number & street) (city & state) (zip)

Home Phone _____ Work _____
Email _____

Are you a member of the League of American Bicyclists? _____ # _____ Birthdate (op.) _____

I certify that I am over 18 years of age. (If under 18 years of age, a separate release form must be obtained, signed by parent or guardian and submitted with this application.)

Signature _____ Date _____

_____ 1-Year Membership \$15.00 OR _____ 2-Year Membership \$25 (check one).
Make checks payable to GVCC & mail to P.O. Box 1547, Goleta, CA 93116-1547.

A Membership Card must be requested otherwise you won't receive one.