

The Breeze



The Newsletter of the Goleta Valley Cycling Club

po box 1547 goleta ca 93116

www.goletabike.org

December 2005

∞ Bicycle Spoken Here ∞

GVCC President: Doris Phinney, 968-3143, cyclebug@aol.com

The Next Monthly Meeting of the GVCC will be held on Wednesday, October 6, 7pm, at Jared & Kathleen's, 945 N. Hope Avenue 687-6218.

Bicycle Spoken Here, GVCC President: Doris Phinney, 968-3143, cyclebug@aol.com

HOLIDAY PARTY on Saturday, December 3, 4pm, Encina Meadows Rec Room, located on Encina Drive. Please come and join the fun for our annual potluck holiday event. Bring a food dish to share. See the Calendar for directions to Encina Meadows. Please RSVP to me, Doris Phinney.

NEWCOMERS RIDE: Join me for a leisurely tour of Goleta on Saturday, December 3, 9am, at Anna's Bakery. If you are new to the area and would like to meet other cyclists, this ride is for you. If you haven't ridden with the GVCC and are concerned that you won't be able to keep up with the pace, this ride is for you. If you are a club member but hardly ever go on a club ride, this ride is for you. If you just want to go for a spin with some really nice people, this ride is for you. No one will be left behind.

When you ride with the GVCC you will enjoy the camaraderie of other cyclists. Even on rides involving challenging climbs, no one will be dropped. The ride leader and other GVCC cyclists will wait for you at the top of the hill or a designated spot to re-group. You need not be a club member to join any of our rides posted on the calendar. Currently the Choo Choo Century in March is our only annual members-only ride.

GVCC Website: For all the latest in photos and information go to www.goletabike.org. Don't forget that if you have a good GVCC cycling photo, get it to Robert Rainwater, gbike@impulse.net.

From "The Quotable Cyclist" **Bill Strickland**,
Editor

The bicycle is the most civilized conveyance known to man. Other forms of transport grow daily more nightmarish. Only the bicycle remains pure in heart.

--**Iris Murdoch, *The Red and the Gre***

If you have any biking experiences you would like to share in the breeze – please email them to Laura Newman at Lnewman51@cox.net



HAPPY December Birthdays TO...

Lynn Breckenridge
Frank Breckenridge
David Farber
Maureen Killian
Manny Velasquez

No New Members This Month



. Meeting Minutes November 10, 2005 at Rusty's in Santa Barbara

Doris Phinney, President, opened the meeting with a welcome to the 13 attendees. Jeannie Antrim one of our newer members attended

The mail was distributed and those who wanted took the magazines received by the club.

The ride calendar was circulated.

Cheryl Everett, Treasurer, reported on our latest unofficial balance since there may be PPR bills.

MS RIDE

Bob Zimmels wasn't at the meeting but Robert Rainwater reported that he had heard there were fewer riders but the ride had raised more money than past years.

PEOPLE POWERED RIDE

The PPR was considered by all to be a great success. There were no major problems or any accidents and the weather was perfect! Doris handed out a patch to anyone wanting it. There was some discussion regarding selling wine and beer next year but the issue will require more investigation. Next year's PPR has already been scheduled for October 8, 2006.

HOLIDAY HALVES

The Santa Maria Tailwinds had put on the Holiday Halves, Sat. November 5th. They had scaled back all ride support this year with the idea that it was being held mainly to get their riders out for a ride. . Doris mentioned that there was some small discussion of the possibility of a joint ride between the clubs next year. Also, Tailwinds members may volunteer to help with the PPR.

Bike Path Clean-up

About a dozen GVCC members participated so it was very successful.

AMGEN TOUR OF CALIFORNIA

This promises to be a major ride through our area in February. Robert Rainwater is going to look into our club participating in some type of support during the ride,-possibly a Health Booth

HOLIDAY PARTY

Our next meeting and Holiday Party will be held at the Encina Meadows Rec Room on December 3 at 4:00 pm.

Submitted by Laura Newman

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Items for Sale

Please let Laura Newman know if the items listed in this month's Breeze have been sold or need to continue as listed. All The items were also listed last month so the list needs to be updated.

The South Coast Breeze is a monthly publication of the Goleta Valley Cycling Club. Officers & contacts are:

President	Doris Phinney	968-3143
	cyclebug@aol.com	
VicePres./RideCoordinator	Hildy Hoffmann	964-0802
	cyclelady199@cox.net	
Breeze Editor	Laura Newman	687-2588
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Membership	Lori Haney	964-5822
	lhhaney@cox.net	
Webmaster	Robert Rainwater	
	gbike@impulse.net	
Bike Path Clean Up		
John Berberet and Stephanie Stark		681-0048
	johnberberet@hotmail.com	

If GVCC members have items for sale phone Laura Newman 687-2588 or email lnewman51@cox.net for ad submission. Also, let her know when it's sold.

Bike Hazards

Call these folks to report the broken glass, potholes, downed tree limbs, discarded mattresses, illegally parked cars & other obstacles to safe cycling.

City of Buellton.		688-5177
City of Carpinteria	684-5405 x411 or 405	
City of Lompoc	736-1261 x524 or 526	
City of Sta. Barbara, Streets		564-5413
City of Sta. Barbara, Potholes		897-2513
City of Goleta		961-7500
City of Santa Maria		925-0951 x221
City of Solvang		688-7529
Un-incorporated SB County		
debris and foliage		681-5696
general road/bikeway suggestions		568-3046
State Hwy System, Caltrans		
(eg Hwy 246, 1, 154,etc)		568-1261

Thank You to Our GVCC Sponsors! Please support these Sponsors

ARGUELLES, JOHN C - DDS		681-4848
38 S. LaCumbre Rd. Santa Barbara		
BICYCLE BOB'S		682-4699
15 Hitchcock Way, Santa Barbara 93101		
BIG GEAR BIKE GEAR		962-5962
324 State St., Santa Barbara 93101		
BIKESMITHS		684-3150
5441B Carpinteria Ave, Carpinteria 93013		
FERREL'S CHIROPRACTIC		963-3232
533 E. Micheltorena, Ste. 200, Santa Barbara 93103		

FRANK SCHIPPER CONSTRUCTION		963-4359
610 E Cota, Santa Barbara		
KEMP CHIROPRACTIC CLINIC.		966-3344
809 Chapala, Santa Barbara 93101		
MC FARLAND, BOB - ATTORNEY		687-6198
2600 De La Vina #F, Santa Barbara 93101		
STATE & A BAR & GRILL		966-1010
1201 State St, Santa Barbara 93101		
TRUEX, DON - DDS, MAGD		967-8300
6134 Calte Real Ste A, Goleta 93117		

Member Sponsorships, which are \$50 biannually, guarantee your listing every month in The Breeze, as well as regular membership in GVCC. The price of biannual Jersey Sponsorships, which provide you with Member Sponsor benefits as well as a place on our jersey, varies according to placement of your logo on the GVCC jersey; they will be available when the club places its next jersey order. For more information, please contact Doris Phinney at 968-3143 or email cyclebug@aol.com

Your GVCC membership provides you with discounts for non-sale items at the following bike shops:

15% off parts & accessories at:
Open Air Bicycles, 224 Chapala, 962-7000

10% off parts & accessories at:
Bicycle Bob's, 15 Hitchcock Way, 682-4699
Bicycle Bob's, 250 Storke Rd, 685-6799
Big Gear Bike Gear, 324 State 962-5962
Hazards Cycle Sport, 735 Chapala, 966-3787
I.V. Bike Boutique, 880 EmbarcaderoDelMar, 968-3338
Rincon Cycles, 5100 Carpinteria Ave, 684-9466
Velo Pro Cyclery, 633 State St., 963-7775
Velo Pro Cyclery, 5887 Hollister Ave., 964-8355
Velo Santa Barbara, next to RoCo on State St, 884-0917

GVCC Jerseys for Sale

The club is waiting for more orders to make up new jerseys. A very limited number of the club jerseys - 3 dolphins on blue, yellow & green background - are available (no L, XL or XXL). They can be obtained from Doris Phinney; please call ahead to arrange a time (968-3143). The cost is \$55. If you choose to have a jersey mailed, mail a \$60 check, payable to GVCC, to Doris Phinney 223 Saratoga Ct, Goleta CA 93117; make sure you specify the size.

If you are no longer using a club jersey there may be someone else who would be happy to buy it. Why not post it for sale in the Breeze? Contact Laura Newman at 687-2588 or lnewman51@cox.net

Goleta Valley Cycling Club Membership Application

The Goleta Valley Cycling Club (GVCC) is a recreational and sport touring association committed to promoting safety, health, and fitness through the shared social activity of bicycling. Furthermore, the members acknowledge a responsibility to share our sport, our experience, and our aforesaid commitment as a group with the larger community in which we live. The GVCC endorses bicycling advocacy and maintains membership in: The League of American Bicyclists (the LAB), California Association of Bicycle Organizations, The Bicycle Ride Directors Association of America, and The Santa Barbara Bicycle Coalition. All GVCC members receive "The Breeze" monthly newsletter, which includes the ride schedule. Most local bicycle shops and athletic apparel specialists extend discounts to GVCC members. All members are encouraged to participate regularly in club activities; ANSI-SNELL approved bicycle helmets are required on all club rides.

Release and Waiver of Liability, Assumption of Risk, and Indemnity and Parental Consent Agreement ("Agreement")
In Consideration of being permitted to participate in any way in Goleta Valley Cycling Club sponsored Bicycling Activities ("Activity") I, for myself, my personal representatives, assigns heirs, and next of kin:

1. Acknowledge, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis, and death ("risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the "releasees" named below; (c) these may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation or that of the minor in the Activity.

3. Hereby release, discharge, and covenant not to sue the Club, the LAB, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "releasees" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fee, loss, liability, damage or cost which any may incur as the result of such claim. I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Name _____ New Member _____ or Renewal _____

Address: _____
(number & street) (city & state) (zip)

Home Phone _____ Work _____
Email _____

Are you a member of the League of American Bicyclists? _____ # _____ Birthdate (op.) _____

I certify that I am over 18 years of age. (If under 18 years of age, a separate release form must be obtained, signed by parent or guardian and submitted with this application.)

Signature _____ Date _____

_____ 1-Year Membership \$15.00 OR _____ 2-Year Membership \$25 (check one).
Make checks payable to GVCC & mail to P.O. Box 1547, Goleta, CA 93116-1547.